



MAR IVANIOS COLLEGE

Autonomous | Committed to Excellence in Higher Education since 1949

Re-accredited (Fourth Cycle) with A+ Grade by NAAC | DST-FIST College | NIRF 2023 - 45th Rank
 UGC College with Potential for Excellence | UGC PARAMARSH Mentor College
 (Affiliated to the University of Kerala)

3.6.2 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community year wise during the last five years

Name of the activity	Organising unit/ Forum/ collaborating agency	Date of the activity DD-MM-YYYY	Number of students participated in such activities
Regular NSS Meeting 2nd Group	NSS	07-Jun-22	83
State NSS Award	NSS	08-Jun-22	28
Regular NSS Meeting 3rd Group	NSS	13-Jun-22	88
Magic Show (Blood Donation)	NSS	14-Jun-22	83
StJohns HSS Cleaning	NSS	14-Jun-22	81
Eyecare Camp	NSS	17-Jun-22	70
National Reading Celebration	PM.Panikkar Foundation	19-Jun-22	80
Survey	UBA	20-Jun-22	15
Yoga Session	NSS	21-Jun-22	89
Blood Donar's Experience Sharing	NSS	22-Jun-22	45
Blood Donation	NSS	23-Jun-22	64
Regular NSS Meeting	NSS	29-Jun-22	87
Ganitham 3.0 Closing Ceremony	Insight for innovation	02-Jul-22	110
Regular NSS Meeting 4th Group	NSS	06-Jul-22	88
Beach Cleaning at Shangumukham	Sudstera Foundation	09-Jul-22	23
Regular NSS Meeting 5th Group	NSS	13-Jul-22	86
Olympic Day Marathon	1 Kerala Air Squadron NCC	Jun-22	20
Veli beach cleaning	We Grow Forest Foundation	2022-23	5
Blood Donation camp	General Hospital, (Trivandrum	2022-23	5
Blood donation camp	NSS	23-Jun-22	100
NSS Krishi Inauguration 2022	NSS	06-Aug-22	100
Awareness on Animal Rights	NSS	24-08-2022	100
BODHYAM 2022: Anti Drug Abuse Awareness Quiz	NSS	13-Oct-22	100
Anti Narcotics programme	NSS	06-Oct-22	100
Onachanda	NSS	06-Oct-22	100
Vimukthi - State level drug abuse awareness campaign	NSS	06-10-2022	100
Tribute to unsung heroes	NSS	17-Nov-22	100
Drug Abuse Awareness Rally	NSS	25-Oct-22	100
Thal Sainik Camp (New Delh)	NCC Army Wing	2022-23	2

Republic Day Parade at New Delhi	NCC Army Wing	2022-23	1
Republic Day	NCC Army Wing	2022-23	80
Mountaineering Camp	NCC Army Wing	2022-23	1
Army Attachment Camp	NCC Army Wing	2022-23	7
Special NIC	NCC Army Wing	2022-23	1
Advanced Leadership Camp	NCC Army Wing		1
National Integeration Camp	NCC Army Wing	2022-23	3
International Yoga Day	NCC Army Wing	2022-23	49
Independence Day rally	NCC Army Wing	2022-23	49
Defence Quiz	NCC Army Wing	2022-23	49
Online Quiz competetition in obervance of Environmental Day	NCC Army Wing	2022-23	70
Anti Drug Drive	NCC Army Wing	2022-23	80
Campus Cleanliness Drive, Swatch Bharat Abhiyan	NCC Army Wing	2022-23	80
Hand to the needy Programme	NCC Army Wing	2022-23	80
NCC Day	NCC Army Wing	2022-23	80
Army Day	NCC Army Wing	2022-23	80
Republic Day	NCC Army Wing	2022-23	80
Meet Your Mentors	NCC Army Wing	2021-22	30
Independence Day	NCC Army Wing	2021-22	80
Fit India Freedom Run 2.0	NCC Army Wing	2021-22	16
Social Service Activities in Observance of Gandhi Jayanthi	NCC Army Wing	2021-22	80
COVID Related Activities	NCC Army Wing	2021-22	80
Swatch Bharat Abhiyan, Swatch Bharat Abhiyan	NCC Army Wing	2021-22	80
Puneet Sagar Abhiyan	1 Kerala Air Squadron NCC	Apr-22	30
Inauguration of Ganitham 3.0	Insight for innovation	06-Jan-22	110
1st NSS Meeting	NSS	07-Jan-22	86
Orientation program	NSS	08-Jan-22	96
Regular NSS Meeting	NSS	13-Jan-22	84
Regular NSS Meeting 1stGroup	NSS	03-Mar-22	86
Interview With An Angel- International Nurses Day	NSS	12-May-22	56
Marketing Skill Competition- TeleCommunication Day	NSS	17-May-22	35
JAM-Anti Terrorism Day	NSS	20-May-22	24
Poster Making Competition- NoTobacco Day	NSS	30-May-22	18
Awareness Class - JayarajPK	Excise Dpt -Vimukhthi Mission	31-May-22	89
International Yoga Day	1 Kerala Air Squadron NCC	Jun-21	30
AIDS awareness programme	Mar Ivanios Zoology Association	Dec-21	140
Cleaning drive, Gandhi Jayanthi day	1K Naval, Mar Ivanios College	2021-22	20
Donated 2-wheel chairs and a trolley bed to the care home, Gandhi Jayanthi day	1K Naval, Mar Ivanios College	2021-22	20

Cultural Programmes for the inmates in the old age homes, Navy day	1K Naval, Mar Ivanios College	2021-22	20
Plastic free Oceans, Puneet Sagar Abhiyan	1K Naval Ncc Unit,Akkulam	2021-22	10
International Yoga Day	NCC Army Wing	2020-21	77
Independence Day Celebrations in college	NCC Army Wing	2020-21	77
Republic Day	NCC Army Wing	2020-21	77
World senior citizen day	NSS	2020-2021	87
Manifest	NSS	2020-2021	88
First aid training programme -Life at stake	NSS	2020-2021	68
Enquizitive	NSS	2020-2021	72
Girl child day	nss	2020-2021	100
world humanity day	NSS	2002-2021	60
Zero mosquito campaign	NSS	2020-2021	47
Coronam	NSS	2020-2021	108
Desportes Desfio	NSS	2020-2021	91
AUTARKY-quiz	NSS	2020-2021	123
Independance day celebration	NSS	2020-2021	30
WWF - INDIA		2020-21	50
Bhoomithra sena club	Ministry o Environment and climate change,Government of Kerala	2020-21	50
Letter to Corona	NSS	2020	52
CLEANING DAY	NSS	2020	85
Blood donation program	Expectation Walkers, an NGO	2020	83
CORTAL	NSS	2020	69
Wizard quiz competition	NSS	2020	38
Webinar	NSS	2020	94
Precis Writing	NSS	2020	64
Yoga day observation	NSS	2020	72
Online Debate	NSS	2020	56
Webinar on Mental Health	NSS	2020	60
Vimukthi anti drugs day Essay writing Competition	NSS	2020	91
World Population Day	NSS	2020	78
World youth skill day.	NSS	2020	74
Emboss	NSS	2020	75
Independence Day	NSS	2020	79
WEBINAR ON INTERNATIONAL DAY AGAINST NUCLEAR TESTS	NSS	2020	71
Picture challenge	NSS	2020	62
Euphoria	NSS	2020	47
Manifesti 2020	NSS	2020	84
World Mosquito Day	NSS	2020	73
TREASURE HUNT	NSS	2020	85
WORLD HUMANITARIAN DAY:	NSS	2020	75
CORONAM 2020	NSS	2020	98
Desportes D esfio	NSS	2020	64

Awareness programme against covid, Covid Duty	Corporation	2020-21	2
National Youth Day Celebration	NSS	2020	74
FIT India Cyclathon/Walkathon	NSS	2020	54
Preamble reading of Indian constitution	NSS	2020	82
Army Day Celebration	NSS	2020	66
Acharya- The best student teacher	NSS	2020	59
Corona Awareness	NSS	2020	64
Mother Tongue Day	NSS	2020	71
Nature Conservation Day Celebration 29/07/2019	NSS	2019	87
Kargil Vijaya Divas Celebration	NSS	2019	88
Hiroshima Day Celebration	NSS	2019	68
Flood Relief Camp	NSS	2019	72
International youth day Celebration	KSACS	2019	100
Quit India Day Celebration	NSS	2019	60
Sports Day Celebration	NSS	2019	47
Orientation for first year NSS volunteers	NSS	2019	108
World Heart Day celebration	NSS	2019	91
NSS Day celebration	NSS	2019	123
Climate strike	GLOBAL	2019	30
Nutrition Day celebration	NSS	2019	85
Community awareness Programme	NSS	2019	4
Blood Donors day	KSACS	2019	68
House building project for poor	NSS	2019	100
Honoured cleaning staff of our college	NSS	2019	38
THUDAKKAM (CAMPUS GREENER PROGRAMME	NSS	2019	81
MAN OR MARS	NSS	2019	36
Kanji at Medical College	NSS	2019	53
Food distribution at General Hospital	NSS	2019	39
World Aids Day Celebration	NSS	2019	92
Tuition for Orphanage Kids	NSS	2019	10
Cleaning drive, Swachhta Pakwada	1K Naval Unit, Mar Ivanios	2019-20	25
Beach Cleaning, Swachhta Pakwada	1 K Naval, Akkulam	2019-20	10
Cleaning of Vellayani River	Swasthy Foundation	2019-20	10
National Level camps	NCC Army Wing	2019-20	8
International Yoga Day	NCC Army Wing	2019-20	59
Pollution Awareness Drive	NCC Army Wing	2019-20	18
Independence Day Celebrations in college	NCC Army Wing	2019-20	55

Blood Donation Camp in association with Composite Hospital, CRPF Pallipuram	NCC Army Wing	2019-20	80
Trivandrum Group's NCC Day Parade	NCC Army Wing	2019-20	3
NCC Day Rally	NCC Army Wing	2019-20	8
Cleanliness Drive, Swatch Bharat Abhiyan	NCC Army Wing	2019-20	18
Republic Day Parade at New Delhi	NCC Army Wing	2019-20	1
State Republic Day Parade	NCC Army Wing	2019-20	3
Republic Day Celebrations of the College	NCC Army Wing	2019-20	73
State Republic Day Parade (Trivandrum)	NCC Army Wing	2018-19	5
Pre RDC	NCC Army Wing	2018-19	2
Advanced Leadership Camp	NCC Army Wing	2018-19	1
National Integration Camp	NCC Army Wing	2018-19	1
Army Attachment Camp	NCC Army Wing	2018-19	3
Swatch Bharat Abhiyan	NCC Army Wing	2018-19	80
International Yoga Day	NCC Army Wing	2018-19	80
Independence Day	NCC Army Wing	2018-19	80
Surgical Day	NCC Army Wing	2018-19	80
Indian Army Day	NCC Army Wing	2018-19	80
Republic Day	NCC Army Wing	2018-19	80
Meet Your Mentors	NCC Army Wing	2018-19	80
Ncc Yoga Day	1K Naval Unit, Mar Ivanios	2018-19	20
Independence Day Parade	1K Naval Unit, Mar Ivanios	15-08-2018	10
Ship attachment Camp	1K Naval Unit, Mar Ivanios	2018-19	1
Pre-Nausainik Camp & Nausainik Camp	1K Naval Unit, Mar Ivanios	2018-19	3
Pre-RDC-IGC Camp-1 st Phase	1K Naval Unit, Mar Ivanios	2018-19	3
National Integration Camp	1K Naval Unit, Mar Ivanios	2018-19	4

MAR IVANIOS COLLEGE

REPORT OF NCC NAVAL WING 2021-2022

NCC Naval Wing

The 1Kerala Naval Ncc unit of Mar Ivanios College is functioning under the 1Kerala Naval Unit NCC, Akkulam. The unit has an enrolled strength of 50 cadets including 26 girls and 24 boys on the roll. There were 16 cadets attended the “B” certificate and 14 cadets attended the C certificate examination. The cadets participated in various activities in offline and online modes in the training year 2021-2022.

Activities:

The cadets participated in the following programs which were organized by the NCC Unit of Mar Ivanios College.

ENVIRONMENT DAY

World Environment Day is observed on June 5th of every year. It is celebrated to encourage awareness and environmental protection. On that day, the cadets conducted a photography contest and a poster designing competition via online mode. It was during the lockdown period, that cadets planted saplings in their surroundings.

1 (k) NCC NAVAL UNIT ENVIRONMENT DAY

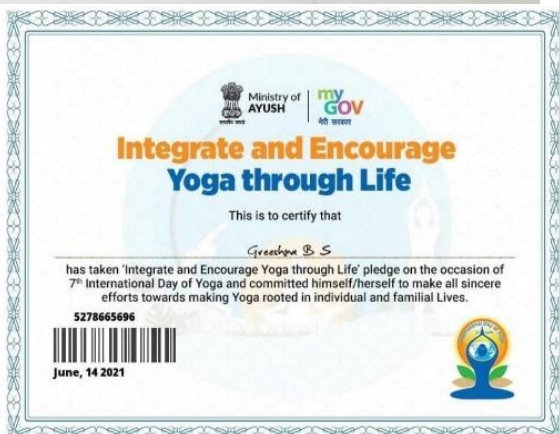
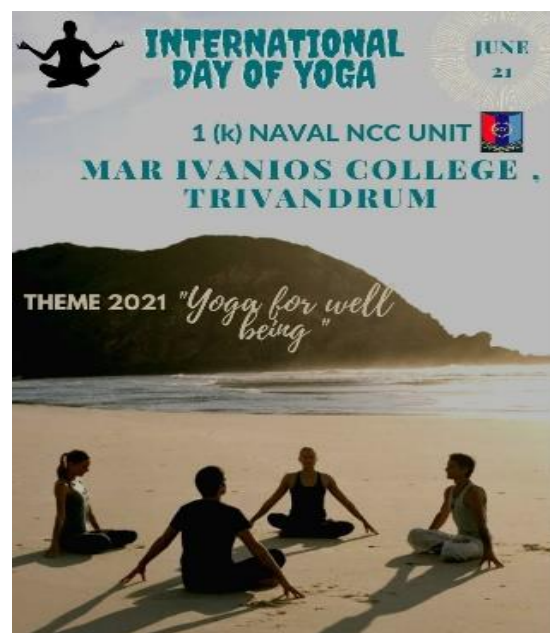


MAR IVANIOS COLLEGE
Trivandrum

INTERNATIONAL YOGA DAY

International Yoga day was celebrated on June 21st 2021. Cadets performed Surya namaskar and yoga poses and uploaded videos on the YouTube Channels and photos in the Whatsapp group. Moreover, cadets also took part in quiz competitions and they received a certificate based on their performance. This program was conducted under the guidance of the Ministry of Ayush, Government of India.

video link of cadets doing yoga -<https://youtu.be/aHXh3XWd9a4>



INDEPENDENCE DAY

In connection with Independence Day, Ncc Naval cadets of Mar Ivanios College had organized many programs. Each cadet sang the national anthem, recorded it, and uploaded it on the website, rashtragan. They received the Govt. certificate. Of India and they also uploaded the certificates in the WhatsApp group. Independence Day programs were held online through google meet.



GANDHI JAYANTHI DAY

Ncc Naval unit of Mar Ivanios College has conducted three different programs in connection with the Gandhi Jayanthi day. There were 20 cadets who participated in a cleaning drive that was organized at Gandhi Park, East Fort. The cadets cleaned the premises of the Govt. Central School which is near Gandhi Park and also cleaned Mahatma Gandhi's statue in Govt. Central School. After that, the cadets visited Govt. Care home in Pulayarnarkotta, Trivandrum, which provides a homely atmosphere to the senior citizens who need care and protection. The Naval cadets donated 2-wheel chairs and a trolley bed to the care home. The last program was at Snehaveedu, which is also a care home, at Nalanchira. There the cadets provided food packets for 120 inmates. Principal, Dr. Jiji mon K Thomas, Dean of the College, Rev. Dr.Jiji Thomas, Vice-principal, Shirley Stewart, Petty Officers Bijo and Jils from the Ncc Naval Unit were present on this occasion.





NAVY DAY

The Navy day was celebrated on 4th December 2021. In Connection with Navy day, the cadets visited the Old age home at Pulayanarkotta which is managed by the Government of Kerala. There were about 70 inmates living in the home. There the cadets learned about the true life of sharing and caring. The cadets organized various cultural programs like Music, drama, group song, etc. for the inmates which made them happy. Finally, we planted some samplings on their premises.



December 08

Chief of Defence Staff General Bipin Rawat lost his life in a helicopter crash in Tamil Nadu last year along with his wife and 12 others lost their lives. The cadets lighted candles and showed respect to the brave hearts who left us in the accident.



1 (K) NAVAL UNIT NCC

MAR IVANIOS COLLEGE (AUTONOMOUS)
NCC NAVY



ഹെലികോപ്റ്റർ അപകടത്തിൽ മൃത്യുവരിച്ച ഭാരതത്തിന്റെ സംയുക്ത സൈനിക മേധാവി ശ്രീ ബിപിൻ റാവത്ത്, അദ്ദേഹത്തിന്റെ ഭാര്യ, കൂടാതെ മറ്റു ധീര സൈനികർക്കും കണ്ണീരിൽ കുതിർന്ന ആദരാഞ്ജലികൾ അർപ്പിക്കുന്നു.

PUNEET SAGAR ABHIYAN

To increase the awareness about the importance of keeping our oceans free from plastics and reducing their usage, Puneet Sagar Abhiyan, an awareness program have been conducted at vettukadu beach on 19th December. They performed various cultural activities like mime acts on environmental protection and also participated in a beach cleaning program. The cadets picked up many sticks, feathers, candy wrappers, plastic cups, bottles straws, etc.



JANUARY 26- REPUBLIC DAY

The College celebrated the 75th Independence Day on August 15, 2021, with great zeal and enthusiasm. The celebration dawned with the hoisting of the flag by the Principal of the college Dr.JijiMon K Thomas. He delivered an enthusiastic and inspiring talk about the needs of NCC and their contribution to the present scenario.



Camps:

The cadets participated in many prestigious camps and special camps in this training year.

1. Cadet Captain Ajin Thomas, 3rd BA Economics, and Leading cadet Ashwin J Nair 2nd Botany participated Pre IGC & IGC camp from October 9th to 26th at Sainik School, Kazhakootam.
2. Cadet Captain Ajin Thomas, 3rd BA Economics, attended the boat pulling camp held at Kollam from 2nd to 4th December 2021.
3. Twenty-five cadets participated Annual Training Camp held at St. Xaviers College, Thumba from 27th December to 2nd January 2022.
4. The following cadets of our college have participated EBSB online camp
 1. POC Adarsh Gopal V S,
 2. POC Ayisha Fazil



CATC CAMP AT WOMEN POLLICE BATTALION

Four of our cadets represented naval wing cadets have been attended a combined annual training camp held at women's police battalion kazhakootam

The cadet's were-

1. NIRANJANA JB -BSC MATHS 2ND YEAR
2. GREESHMA BS -BSC PHYSICS 2ND YEAR
3. VINAYA CS -BA JMC 2ND YEAR
4. HARSHA REX-BSC MATHS 2ND YEAR



Mar Ivanios College-2018-19

Report on NCC Naval Wing

NCC Naval Wing

The aim of naval wing training is to give exposure to the cadets to various facets of Navy and motivate cadets to join Indian Navy as a profession. Recruitment campaigning was held on 30th July 2018. There were 22 cadets from 1st FDP were selected from the campaigning.

Ncc Naval unit consists of 50 cadets including 25senir wing cadets and 25 senior division cadets.

The regular parade programmes were started on 15th of August 2018. Our cadets are very actively participating in the parades and other water born activities to improve their fitness as well as discipline.

1. Recruitment Campaigning

In order to make awareness on students in the college, the NCC Officer, and other cadet leaders, visited all the class rooms to propagate the students about the importance and the benefits and facilities of NCC. The unit provided various campaigning methods including banners and posters to make awareness about the programme. The response from the students was tremendous and we are forced to make selection trials to find out suitable and eligible cadets for enrolment. About 90 students appeared for the interview and the selection process, out of these best 11 SD cadets and 11 SW cadets have been selected among the group for the year 2018-19.

2. Annual Training Camp

There were 27 cadets participated annual training camp which was held at SMV School, Thampanoor. The aim and objective of the camp was to motivate and inspire the students to enlighten their inner qualities for the prestigious republic day parade at New Delhi.

3. Ncc Yoga Day

There were 20 cadets participated in connection with Yoga day celebrated in SMV School.

4. Independence Day Parade

There were 10 cadets from the college have participated in the Independence Day parade conducted by the state Govt. at Central stadium on 15th August 2018. The Ncc unit also celebrated India's 72 Independence day with great zeal and enthusiasm. The celebration dawned with the hoisting of the flag by the Principal of the college Dr. Georgee KI. He delivered an enthusiastic and inspiring talk about the needs of NCC and their contribution in the present scenario. The naval cadets participated and exhibited many cultural activities and the programme end with national anthem.

5. Ship attachment Camp

Po Cadet Abel Kanishk 3rd Maths participated Ship attachment Camp at Kochi.

6. Pre-Nausainik Camp & Nausainik Camp

The following cadets from our college have attended the Pre-Nausainik Camp & Nausainik Camp held at Kollam and Karwar respectively.

1. Abhin C -2nd JMC & VP
2. Nimitha saji- 2nd English
3. Kavya SK-2nd English

7. Pre-RDC-IGC Camp-1st Phase

The following cadets from the college were selected to attend the Pre-RDC-IGC Camp-1st Phase held at Pallippuram and 2nd phase at UC College, Aluva

1. Abin Thomas -2nd Physics
2. Abin A-2nd Physics
3. Rahul G-2nd Maths

8. National Integration Camp

1. Abin A -2nd Physics attended National Integration Camp held at Cherthala
2. Abin Thomas -2nd physics attended National Integration camp at Calicut from the Ncc naval wing.
3. Revathi Raj RJ 2nd Physics attended Ek Bharat Srestha Bharath (EBSB) camp at Nashik, Maharashtra.
4. Saranya RS-2nd Maths attended All India Annual Training Camp at INA Ezhimala

9. SSB test

It is a matter of pride for the College naval unit that the Cadet Sidharth K, 1st Chemistry joined in the Indian Naval academy, Ezhimala after clearing the SSB test & Interview.

10. Certificate Exams-‘B’ and ‘C’

During this year twenty cadets have appeared and passed in the B exams and six have appeared and cleared in the C exam conducted by the Directorate of NCC