

**MAR IVANIOS COLLEGE(AUTONOMOUS)
THIRUVANANTHAPURAM**



**BRIEF REPORT OF THE STATE LEVEL DRUG ABUSE
AWARENESS MONTH**



October 2022

**MAR IVANIOS COLLEGE(AUTONOMOUS),
THIRUVANANTHAPURAM**

**BRIEF REPORT OF THE STATE LEVEL DRUG ABUSE
AWARENESS MONTH**

Mar Ivanios College (Autonomous) is an affiliated college of the University of Kerala established in the year 1949. Currently there are about 2900 students and 76 permanent teachers, 15 non-teaching staff, about 40 teachers on contract basis and 30 supporting staff. The vision of the institution is to be an internationally recognized institution of excellence in higher education, inculcating the values of truth and charity for the protection and promotion of human dignity and of a cultural heritage, through teaching, research, and extension activities dedicated to society. The mission of the college is to produce intellectually trained, morally upright, socially committed, spiritually inspired and ecologically conscious young men and women, irrespective of caste, creed, gender or nationality, who would be dedicated to working for the good of society, the nation and the world;

As part of the state wide launching a massive anti-drug movement called 'No to Drugs'. The Honorable Chief Minister of Kerala Shri. Chief Minister Pinarayi Vijayan inaugurated the campaign through a speech telecasted for all students on 6 October 2022. The programme was attended by many students and staff.

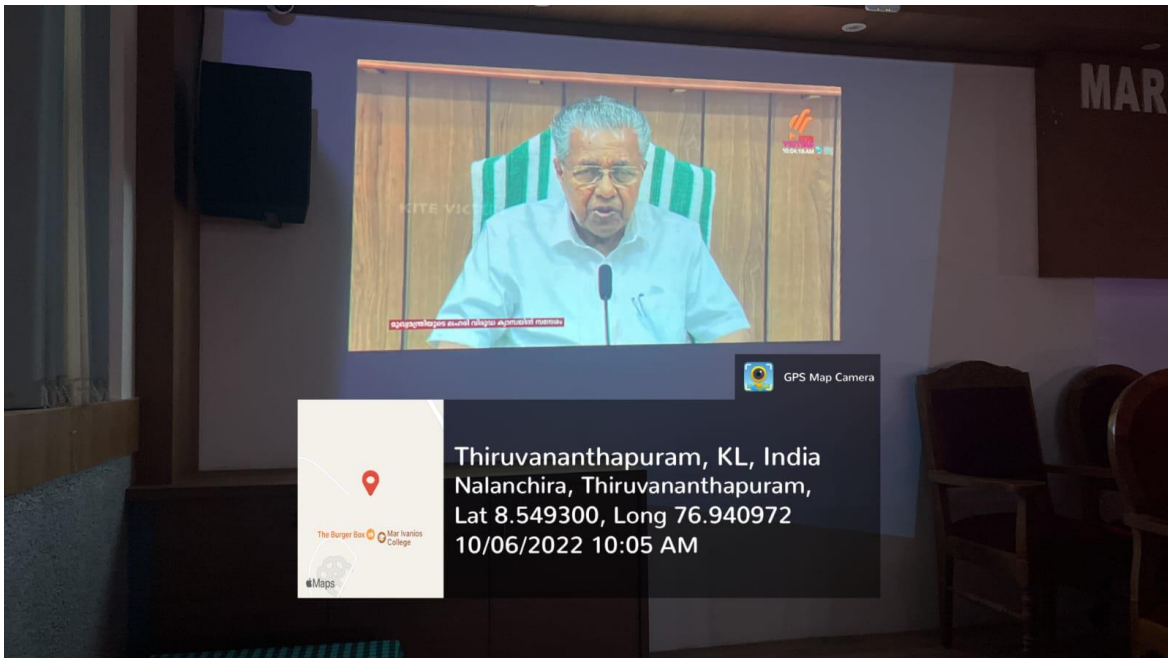
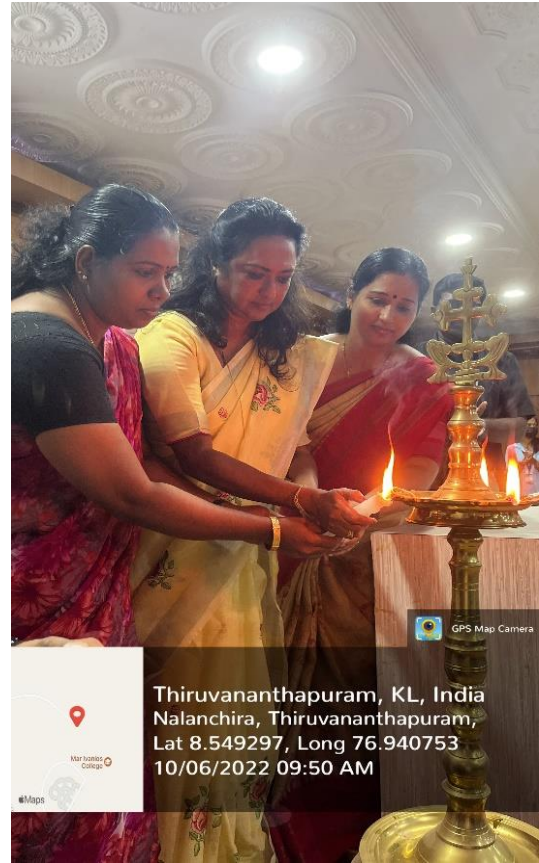
Mar Ivanios college also organised many programmes in connection with the Ant-drug movement in the college. The following are the activities conducted till 15 October 2022. Dr. Ratheesh R the NSS programme officer was nominated as the Nodal officer for the Anti-Drug campaign programme of Mar Ivanios College.

Programme 1-State Level Drug Abuse Awareness Month

Date: 06 October 2022, Mar Gregorious Hall, Mar Ivanios College

The official inauguration of the state level drug abuse awareness campaign of 2022, "Vimukthi" was held at 10am by the Hon'ble Chief Minister of Kerala, Sri Pinarayi Vijayan through the Victor's Channel which was preceded by the official inauguration held at Mar Ivanios College. The function was presided by Principal, Prof. Dr.Jijimon K Thomas. The Vice Principal, Dr Shirley Stewart, Sri Johnson Joseph, Trivandrum corporation councillor, Prof. Dr. Gladston Raj the Vice President of the Parent Teachers Association and Fr. Soji M, the Bursar offered their felicitations. The program was held jointly by the NSS, NCC, Anti-Narcotic Cell and the Centre for Gandhian Studies. The NSS Program Officers Dr Ratheesh and Ms Soumya M Raj spoke on the occasion. Dr Selvin Joseph S, the coordinator of the anti-narcotics club and Dr.Sonia Mol Joseph, the coordinator of Gandhian Studies spoke on the occasion. The meeting ended with the National Anthem.







In the afternoon, the students staged a street play conscientizing the viewers about the evil effects of drug abuse. The excise Assistant commissioner Dr. Sudharshan gave an awareness talk. All the speakers exhorted the young generation to be cautious about the trap they are surrounded in.



Programme 2- Awareness Session

Date 07 October 2022

An awareness session was organised and Sri Jayaraj PK (Assistant Excise Commissioner and Vimukthi District Manager TVM) was the key note speaker. The NSS Unit has conducted the Awareness Session for all the students of our college on 7th October 2022 at the College Basketball court in connection with the Anti-Drug Awareness Campaign. The session helped the students to become self-aware about the harmful effects of drug abuse and also highlighted the disastrous consequences of the narcotic drugs and psychotropic substances.

Programme 3 - Street Play and Folk Song

The National Service Scheme Unit of our college has organised a street play and folk song programme for creating awareness on drug abuse among the students in our college. This programme was held on 10 October 2022 at the College Basketball court. The event was successful and it generated attention among the students about drug abuse and its malicious effects. The communication of the central idea of drugs abuse, relayed through the street play in an informal manner was effective in driving the message.





Programme 4 - Anti Drugs Quiz Competition **Date 12. October 2022**

A quiz competition as part of the drug abuse awareness campaign was conducted for the NSS volunteers on 12th October 2022. Many students participated and , the first and second prize were won by Dona Mercy Kurian and Ashish K Shintu. The objective of conducting the quiz program was also for

communicating the perils of drug abuse through mediums which the students can relate easily to and towards generating a reciprocal dialogue.



Programme 5 - Drug Abuse Awareness - Speech
Date 13 October 2022

For making awareness on drug abuse, a session was arranged for NSS volunteers on 13th October 2022. In that programme a speech was delivered by one of the NSS volunteers Hima Sara Reji.



Programme 6 - Just A Minute Competition

Date 14 October 2022

A 'Just A Minute' (JAM) Competition was conducted for NSS volunteers on 14th October 2022. The topic was related to the influence of social media on drug abuse. A team of two volunteers had participated from each group and the team which did the best presentation had won the first position. The idea behind the competition was to generate awareness among the student community towards various channels and means of online or digital communication where the implicit threat of normalization of drug use exists to which students could become susceptible, if they are not made aware of.



Programme 7 -Awareness Sessions

Every year, the college conducts orientation programmes to our fresh Graduate and Post Graduate students. During the current academic year, we have focused our central theme of the orientation programme as “Anti-Drug awareness”. Accordingly, on 30 September 2022, we conducted one full-day awareness session for our students. The forenoon sessions were handled by ADGP Padmakumar IPS. He has been sharing the basic reasons of the drug abuse and shared a video presentation on drug addiction. 125 students attended that session. In the afternoon session the Assistant commissioner of Excise, IB Kozhikode Mr. Y Shibu shared his experience and illustrated the news reports and various incidents regarding drug addiction.



**MAR IVANIOS COLLEGE
(AUTONOMOUS)**



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(AUTONOMOUS)**

L'OUVERTURE -TIME FOR THE BELL	
	
	<p>30 SEPTEMBER 2022 10:00 AM -11:00 AM</p> <p>ORIENTATION SESSION BY SRI. K.PADMAKUMAR IPS ADGP, Armed Police Battalion FOR FDP ZOOLOGY BATCH</p>
<p>30 SEPTEMBER 2022 10:00 AM -11:00 AM</p> <p>ORIENTATION FOR ALL FDP S1 SELF FINANCING BATCHES</p>	<p>BY Sri. Y Shibu Asst. Commissioner of Excise, IB Kozhikode</p>
<p>23 SEPTEMBER 2022 11:00 AM -12:30 PM</p> <p>ORIENTATION SESSION BY Dr.V.SUNIL RAJ Trainer & Resource Person FOR FDP BOTANY BATCH</p>	<p>BY Sri. Y Shibu Asst. Commissioner of Excise, IB Kozhikode</p>
<p>23 SEPTEMBER 2022 11:00 AM -12:30 PM</p> <p>ORIENTATION SESSION BY Dr.V.SUNIL RAJ Trainer & Resource Person FOR FDP BOTANY BATCH</p>	<p> MAR IVANIOS COLLEGE AUDITORIUM</p> <p> 01:30 PM -03:30 PM</p>
<p>FOR MORE DETAILS CONTACT: Dr SHIRLEY STEWART (VICE PRINCIPAL) : 9447102080</p>	

Forthcoming events.

- A wide campaign by students conducting a **walkathon** towards the suburbs of Nalanchira.
- Awareness sessions for all students.
- Competitions on the focal theme.
- Department level awareness programmes.

The report furnished herewith contains the details of all activities carried out as part of the “no to drugs” state-wide campaign till date.

Prof (Dr) Jijimon K Thomas
Principal and Professor
Mar Ivanios College (Autonomous)
Nalanchira, Thiruvananthapuram



MAR IVANIOS COLLEGE

Autonomous | Committed to Excellence in Higher Education since 1949

Re-accredited (Fourth Cycle) with A+ Grade by NAAC | DST-FIST College | NIRF 2023 - 45th Rank

UGC College with Potential for Excellence | UGC PARAMARSH Mentor College

(Affiliated to the University of Kerala)

Report of Life Skills

Yoga for Peace of Mind and wellness:

As per UGC directive, in connection with the Yoga Day Celebrations 2022, the Yoga Club of Mar Ivanios College organised a Yoga Awareness Session on 21st June 2022 followed by a Yoga Practical Demonstration on 22nd of June 2022.

50 students and members of the faculty actively participated in the program.

Shri. Gopan JS, Sr. Indian Coach (Yoga), Secretary, Yoga Teachers

Association, Kerala, the Resource Person gave an Introduction to Yoga and Dr.

S. Hari Krishnan (Dept. of Malayalam, Mar Ivanios College) gave the Practical Demonstration of Yoga.





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Dear Teachers
and Students

As per UGC directive, all Higher Education Institutions have to organise programs in connection with the Yoga Day Celebrations 2022. In view of this, the Yoga Club of Mar Ivanios College is organising a Yoga Awareness Session at 11:30 am on 21st June 2022 in the Mar Gregorios Hall.

A Yoga Practical Demonstration is also arranged for students at 3:30 pm on 22nd June. Faculty members and students are cordially invited.

Prof. (Dr) Jijimon K. Thomas
Principal

Dr. Sonia Mol Joseph
Coordinator

Those who wish to participate in the practical session may kindly contact the Coordinator



INTERNATIONAL DAY OF YOGA (IDY-2022) YOGA FOR PEACE OF MIND AND WELLNESS

Organized by

**YOGA CLUB
MAR IVANIOS COLLEGE (AUTONOMOUS)
THIRUVANANTHAPURAM**



21/06/2022 (Tuesday)

Venue: Mar Gregorios Hall
Time: 11.30 AM

Introduction to Yoga

Resource Person

Shri. Gopan JS

Sr. Indian Coach (Yoga),
Secretary,
Yoga Teachers Association,
Kerala

22/06/2022 (Wednesday)

Venue: Silver Jubilee Hall
Time: 3.30 PM

**Yoga Practical
Demonstration**

Trainer

Dr. S. Hari Krishnan

Dept. of Malayalam
Mar Ivanios College
Thiruvananthapuram



MAR IVANIOS COLLEGE (AUTONOMOUS)
THIRUVANANTHAPURAM
Research and Development Cell (RDC)

ANNUAL RESEARCHERS' CONFERENCE

Venue:

MAR GREGORIOS HALL

on 15th March 2023



Professor Jarugu Narasimha Moorthy FNA, FRSC
Director, IISER Thiruvananthapuram
(Chief Guest)

Prof. (Dr.) Jijimon K. Thomas
Principal

Prof. (Dr.) Annamma John
Director, RDC



PROGRAMME

Inaugural Session (9:30 am – 11:15 am)

- Welcome Speech : **Dr. Shirley Stewart**, Vice Principal, Mar Ivanios College
- Presidential Address : **Dr. Jijimon K. Thomas**, Professor & Principal, Mar Ivanios College
- Introducing the Chief Guest : **Dr. Suju C. Joseph**, Head, Department of Chemistry
- Inauguration : **Professor Jarugu Narasimha Moorthy FNA, FRSC**
Director, IISER Thiruvananthapuram

Honouring the retiring faculty members:

1. **Dr. Jijimon K. Thomas**, Principal & Professor of Physics
2. **Dr. Shirley Stewart**, Vice Principal & Associate Professor of English
3. **Rev. Dr. Gigi Thomas**, Head, Department of Mathematics & Statistics, Dean of Studies
4. **Dr. Annamma John**, Professor & Head, Department of Physics

Declaring the seed money for research: **Dr. Annamma John**, Director, RDC

Acknowledging the meritorious researchers

- Felicitations : **Rev. Fr. Soji Mathew Muruppel**, Bursar, Mar Ivanios College
Rev. Dr. Gigi Thomas, Dean of Studies
- Vote of Thanks : **Suzana Alex**, Research Scholar, Department of English
- Keynote address : **Professor Jarugu Narasimha Moorthy FNA, FRSC**
Director, IISER Thiruvananthapuram
- Tea break

Technical Session (11:30 am – 1 pm)

Oral presentations

Lunch (1 pm - 1:45 pm)

Poster presentation (1:45 pm - 3 pm)

Valedictory Session (3 pm – 3:30 pm)

Organizing Committee

Rev. Fr. Soji Mathew Muruppel
Bursar

Dr. Shirley Stewart
Vice Principal

Rev. Dr. Gigi Thomas
Dean of Studies

Dr. Suboj Babykutty
Dept. of Zoology

Dr. Lini N.
Dept. of Biotechnology

Dr. Suju C. Joseph
Head, Dept. of Chemistry



KSMDB COLLEGE, SASTHAMCOTTA
Re-accredited with A-Grade by NAAC
(Affiliated to University of Kerala)



**DEPARTMENT OF ZOOLOGY &
KERALA ACADEMY OF SCIENCES**

NATIONAL SCIENCE DAY CELEBRATION-2023
Global Science for Global Wellbeing

On 23.02.2023 10.30 AM
VENUE: DIGITAL SEMINAR HALL

Inauguration

PROF. Dr. G.M. NAIR



Special Address

PROF. Dr. OOMMEN V. OOMMEN



In Association with IQAC, KSMD Board College, Sasthamcotta

All are Cordially Invited

Madam/Sir,

We are happy to inform that Department of Zoology, KSMDB College, Sasthamcotta is celebrating the National Science Day in Collaboration with ***Kerala Academy of Sciences*** on 23th February 2023. The Programme includes talks on the theme of National Science Day by eminent scientists. All are cordially invited to attend the programme.

Prof. Dr. K.C. Prakash

(Principal)

Dr. Manju M.

(Head of the Dept of Zoology)

Prayer

Welcome Address : Dr. Manju M. (HOD, Dept of Zoology)

Presidential Address : Prof. Dr. K.C. Prakash (Principal, KSMDBC)

Inauguration : **Prof. Dr. G.M. Nair** (President; KAS, Director, Central Laboratory for Instrumentation and Facilitation (CLIFF), University of Kerala)

Special Address: : **Prof. Dr. Oommen V. Oommen** (Former Chairman, Kerala State Biodiversity Board, Former President, KAS)

Topic “Science and Technology for Human Welfare”

Felicitations : Sri. R. Arunkumar (Member of Syndicate, Uty. of Kerala)
: Smt. Ragi R.G. (Council Secretary, KSMDBC)
: Dr. Radhika Nath G. (IQAC Cordinator)
: Dr. Savitha T. (CLMC Convener)
: Dr. S. Jayanthi (PTA Secretary)
: Dr. Lekshmi Sreekumar (Asst Prof, Dept of Botany)

Invited Lectures : Dr. G.M. Nair
: Dr. Oommen V. Oommen
: Dr. T. S. Swapna (Dept of Botany, Univ. of Kerala)
: Dr. P. Sreejith (Asst.Prof, Dept of Zoology, Univ. of

Kerala

: Dr. Sreeranjini C.G. (Specialist Medical Officer)
: Dr. Suju Joseph (HOD, Dept of Chemistry, Mar Ivanios College, Thiruvananthapuram)

Vote of Thanks : Dr. P. Sreejith

About the College

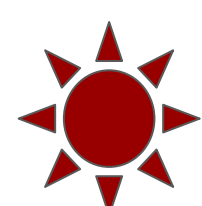
KSMDDB College, Sasthamcotta, established in 1964 in Kunnathur taluk, takes its place in the annals of the history of South Kerala as a revered institution for higher education managed by the Hon'ble Travancore Devaswom Board, and affiliated to the University of Kerala. The college is blessed at the entrance by the temple of Lord Dharma Sastha and is set in the beautiful serene locale on a landmass surrounded on three sides by the famous Sasthamcotta lake, the largest freshwater lake of Kerala and a Ramsar site, lending an aura of grace, reverence for the environment and sense of oneness with the grandeur of Nature. Starting with Pre degree courses, the college now caters to the demands of students for 17 undergraduate programmes, 7 post graduate courses, 2 PhD programmes and 2 Diploma programmes. The college strives to provide holistic education so as to mould students into citizens who are endowed with a value system and environment consciousness, while pursuing their academic ambitions. Throughout its history spanning over 50 years, the college has believed in discharging its social responsibility as an abode of higher education in the public sector catering mostly to the less privileged sections of the society.

The department of Zoology is one of the oldest departments of KSMDDB College. Zoology department started functioning in 1967 with the introduction of B.Sc. Zoology Degree course under the headship of Prof. S. G. Pillai (Late) along with four faculty members. The Department has a good museum with rare specimens and a well-equipped laboratory. The department has maintained a good academic tradition by offering quality education. Recently in 2017 & 2019 our students have secured ranks in University examinations. The Department organizes various programmes such as seminars, awareness classes, yoga classes, observation of day with zoological and/or environmental importance. We also provide training programmes and workshops on Vermicomposting and Apiculture for students and members of Kudumbashree units of Sasthamcotta, to equip them for self-employment. Every year, the department organizes Institutional and Research lab visits, field trips, nature camps, visit to wild life sanctuaries, zoological parks, etc. for the students.

Kerala Academy of Sciences

is a premier professional body of scientists, academicians and technocrats in Kerala engaged in popularization of science in the state. The academy, with 650 plus life members, has been organizing several programmes including international and national seminars, memorial lectures, and observations of important science and technology days towards inculcating a scientific temperament in the state.

National Science Day programme is a flagship event of the Academy and this year the Academy intends to observe the National Science Day in selected colleges across all districts of Kerala by organizing half day seminar on the topic 'global Science for global wellbeing'.





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Theatre Club Activities 2021-22

Activities of the Theatre club of Mar Ivanios College, kickstarted through online mode amidst the COVID-19 pandemic situation. The club was to be called 'Ivanogenics' for the year as per the suggestion of the students. The first official offline meeting of the members of the club was conducted on 19th November, 2021. Regular meetings were conducted afterwards where students presented their seminal ideas.

The club was officially inaugurated on 16 December 2021, by the renowned theatre person from Kerala, honourable Sri Soorya Krishnamoorthy, a renowned cultural activist and philanthropist, in the presence of Principal Rev. Dr. Jijimon K. Thomas, Vice principal Dr. Shirley Stewart and club conveners Ms Meenu Jose, Dr. Rajeev M.K and Dr A.S Sandhya.

The official programme began with a prayer sung by Megha S. Nair of 2nd year, English Department followed by an inspiring addressal by the chief guest and other distinguished members present at the function. Later the audience witnessed a soulful Performance Poetry presentation by the students of 1st year, English department and a captivating Mono act performance by Anusha Suku of 2nd year, chemistry department and the programme was officially concluded by the vote of thanks delivered by Rajath Bhakta of 2nd year, B. Com(Self-financing). Thus the inauguration paved the way for more constructive plans in the form of workshops and musical plays as future endeavors.

Activities undertaken by the club included creative sessions where students engaged in activities like voice training, script writing as well as personality development exercises.

Report of Student activities 2020-2021

Due to Covid – 19 the student council during the academic year 2020-2021 could not conduct programs.

Report of Student activities 2021-2022

The student activity of the academic year 2021-2022 started with the Onam celebration which was conducted on 18/8/2021 via an online platform. The chief guest of the function was Mr T. D. Ramakrishnan (Famous Malayalam Novelist). As a part of the Onam celebrations, Inter-Departmental competitions like Onappattu and Thiruvathira were also conducted.



In 2022 the country has celebrated its 75th year of Independence. As a part of the observance of this day, an elocution competition was conducted under the theme 'Echoes of freedom'.

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15TH AUGUST 1947
ON THE 15TH OF AUGUST, 1947,
INDIA BECAME COMPLETELY INDEPENDENT

ECHOES OF FREEDOM
സ്വാതന്ത്ര്യത്തിന്റെ 75ാം വാർഷികഘോഷത്തിന്റെ ഭാഗമായി നടത്തുന്ന പ്രസംഗമത്സരം

TOPIC:

- ENGLISH
PATRIOTISM (INDIA @75)
- MALAYALAM
ഭദ്രസന്ദേശവും, സ്വാതന്ത്ര്യ ബോധവും (ഭാരതം @75)

ENTRY SHOULD BE SENT TO THIS MAIL ID: studentactivities21@mic.ac.in
CONTACT NUMBERS:
Dr. Shirley Stewart (Vice Principal)-9447102080
Mr. Toji Varghese (Staff Advisor)-9847172273
Ms. Lija L. Raju (Staff Advisor)-944778937
Dr. Rakesh R - 9995341604
Dr. Neeradha C K - 9744556667
Mr. Castro Clive - 9496416162

LAST DATE OF SUBMISSION-30/08/2021
CASH PRIZES WILL BE GIVEN TO THE WINNERS

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ECHOES OF FREEDOM
ELOCUTION WINNERS

ENGLISH

DIYA B.R.
BA ENGLISH (S2)

KRISHNA H.IYER
B.COM(S2)

മലയാളം

AISYA AS
ZOOLOGY (S2)

MANJU K.P
MALAYALAM WITH MEDIA STUDIES (S2)

In connection with Gandhi Jayanthi, an intercollegiate essay writing competition was conducted on 17/10/2022.

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സ്വാതന്ത്ര്യത്തിന്റെ അത്യന്താപേക്ഷാത്മകമായ 75^{ആം} വാർഷികഘോഷത്തിന്റെ ഭാഗമായി നടത്തുന്ന

ഉപന്യാസരചനാമത്സരം

ഒന്നാം സമ്മാനം-Rs.2500, രണ്ടാം സമ്മാനം-Rs.1500

വിഷയം-
ഗാന്ധിയൻ മൂല്യങ്ങളുടെ സമകാലിക പ്രസക്തി.

നിബന്ധനകൾ
എണ്ണം: 10 കൃതികൾ കഴിഞ്ഞാൽ
ഘോഷണം: 9995341604
studentactivities21@mic.ac.in
ഘന വിജ്ഞാപനങ്ങൾ: 17.10-2021
സെഷൻ: 6.30 മുൻപ് അടയ്ക്കണം.
ഘടനാ കമ്മിറ്റിയുടെ മേൽനോട്ടത്തിൽ നടത്തേണ്ടതാണ്.

CONTACT NUMBERS
Dr. Shirley Stewart (Vice Principal) - 9447102080
Mr. Toji Varghese (Staff Advisor) - 9847172273
Dr. Lija L. Raju (Staff Advisor) - 944778937
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ഉപന്യാസരചനാമത്സരം

WINNERS

Krishna Prakash
College name: NSS Hindu College
Changanacherry
(3rd year BA Hindi)

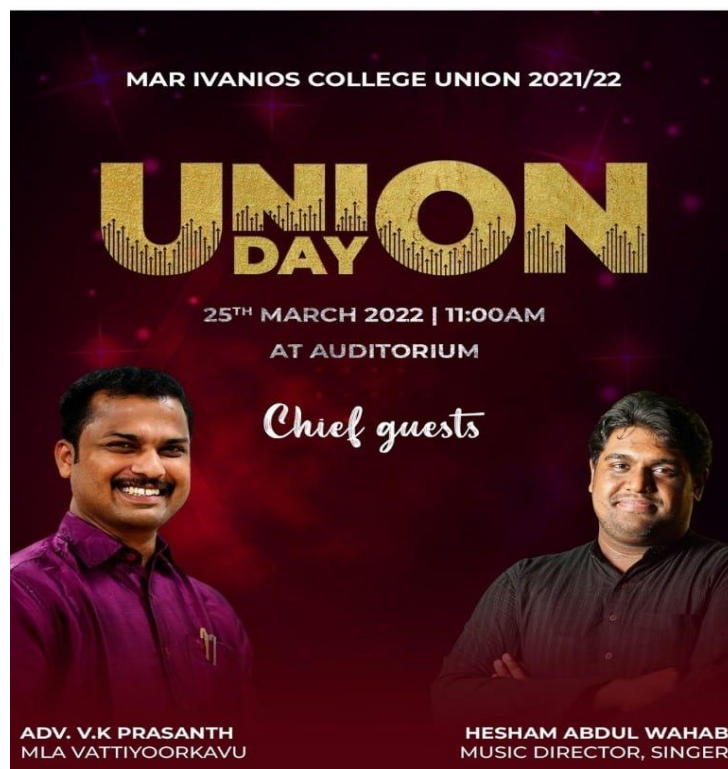
Aparna Thulaseedharan
College Name: Fatima Matha
National College, Kollam
(BA English 3rd year)

The college celebrated Christmas on 23rd Dec 2021. As a part of Christmas celebrations, an Interdepartmental carol competition was conducted and the department of Physics secured the first prize.

The college union election was conducted on 25/2/2022. The Arts club inauguration was conducted on 4/3/2022. The chief guest of the programme was Reshma Raghavendra (Singer).



The activities of the college union kicked off in full swing with the inauguration of the college union on 25/3/2022. The chief guest of the inauguration was Adv. V.K. Prasanth (MLA, Vattiyookavu) and Hesham Abdul Wahab (Music director, Singer).



A food festival was conducted on 18th March 2022.



A film festival was conducted on the 26th and 27th of March 2022 and films like Preman, bachelor party and so on were screened.



Haveend Memorial interdepartmental 7's football tournament was conducted from 18th to 20th of March 2022.

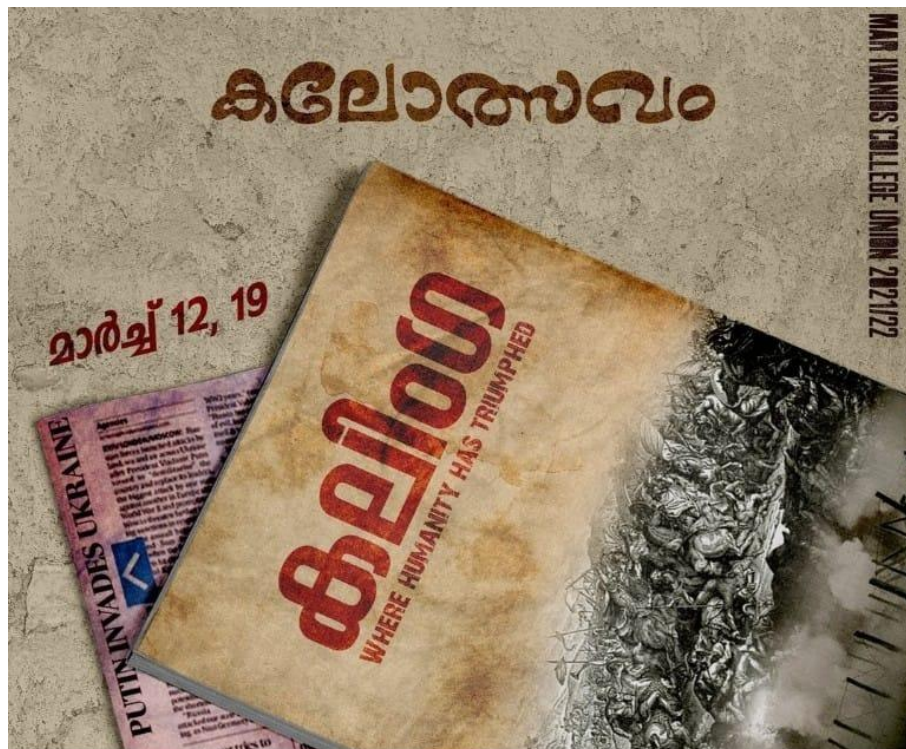
MAR IVANIOS COLLEGE UNION 2021/22

HAVEEND MEMORIAL INTERDEPARTMENTAL 7'S FOOTBALL TOURNAMENT

19TH MARCH 2022 FIXTURES

2:30PM	BCOM REGULAR (A)	VS	ANALYTICAL ECONOMICS
3:00PM	ENGLISH SF (A)	VS	BCOM A&A (A)
3:30PM	PHYSICS ML	VS	JMC (B)
4:00PM	JMC (A)	VS	COMM. ENGLISH SF
4:30PM	BCOM REGULAR (B)	VS	BOTANY
5:00PM	ZOOLOGY	VS	MATHS
5:30PM	ENGLISH REGULAR	VS	BCOM A&A (B)

The Arts festival was conducted on 12/3/2022, 19/3/2022 and 1/4/2022.



The students of our college have participated in the University youth festival conducted from 23rd to 27th of April and won the overall championship.



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Women's cell 2019-20

INAUGURATION

The official inauguration of the women's cell of Mar Ivanios College was conducted on 22/07/2019 at college auditorium by Dr.Sharmila Mary Joseph IAS (Principal secretary AYUSH). The welcome speech was delivered by Deepamol Thomas (Convenor Women's cell) and Principal in charge Dr.K.Oommachan delivered a presidential address. Bursar Fr.Joshua Kochuvilayil felicitated the function. Krishna who was titled as university kalathilakom for the year 2018-19 and R.Sreekala, member Indian basketball team were honoured by giving cash award. Nyshma compeered the whole function and Susan Kurien delivered a vote of thanks. The function was followed by cultural programmes..





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മാർ ഇവാന്റിയോസ് കോളേജിൽ വിമെൻസ് സെൽ പ്രവർത്തനങ്ങളുടെ ഉദ്ഘാടനം ഡോ. ശർമിള മേരി ജോസഫ് ഉദ്ഘാടനം ചെയ്യുന്നു. പ്രിൻസിപ്പൽ ഇൻ-ചാർജ് ഡോ. കെ.ഉമ്മച്ചൻ, ബർസാർ ഫാ. ജോഷ്യാ കൊച്ചുവിളയിൽ, വിമെൻസ് സെൽ കൺവീനർ ദീപാമോൾ തോമസ് എന്നിവർ സമ്മിപം

മാർ ഇവാന്റിയോസിൽ വിമെൻസ് സെൽ ഉദ്ഘാടനം

വിദ്യാഭ്യാസത്തിലൂടെ മാത്രമേ സ്ത്രീ ശാക്തീകരണം സാധ്യമാകൂ എന്ന് ആയുഷ് വകുപ്പ് പ്രിൻസിപ്പൽ സെക്രട്ടറി ഡോ.ശർമിള മേരി ജോസഫ് പറഞ്ഞു. മാർ ഇവാന്റിയോസ് കോളേജിലെ പുതിയ അധ്യയനവർഷത്തെ വിമെൻസ് സെൽ പ്രവർത്തനങ്ങളുടെ ഉദ്ഘാടനം നിർവഹിച്ച് സംസാരിക്കുകയായിരുന്നു ഡോ. ശർമിള. കേരളത്തിലെ ജീവിതനിലവാരം വികസിത രാജ്യങ്ങളുടെ ജീവിതനിലവാരത്തിനു തുല്യമാണ്. ഇവിടുത്തെ സ്ത്രീവിദ്യാഭ്യാസമാണ് അതിനു പ്രധാനകാരണം

അവർ കൂട്ടിച്ചേർത്തു. പ്രിൻസിപ്പൽ ഇൻ-ചാർജ് ഡോ. കെ.ഉമ്മച്ചൻ അധ്യക്ഷനായി. ബർസാർ ഫാ. ജോഷ്യാ കൊച്ചുവിളയിൽ, വിമെൻസ് സെൽ കൺവീനർ ദീപാമോൾ തോമസ്, സൂസൻ കുര്യൻ എന്നിവർ സംസാരിച്ചു. കേരള സർവകലാശാല കലാതിലകം കൃഷ്ണ, ഇന്ത്യൻ ബാസ്കറ്റ്ബോൾ ടിം അംഗം ആർ.ശ്രീകല എന്നിവരെ ആദരിച്ചു. കുട്ടികളുടെ കലാപരിപാടികളുമുണ്ടായി.



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Stitching Class

Women's cell 2019-20 of Mar Ivanios college organised a stitching training class for girls. Its inauguration was held on August 1, 2019, at Ivanios college tailoring centre. Principal in charge of Dr K.Oommechan, Bursar Fr.Joshua Kochuvilayil, Vice-Principal Dr.Cherian John, Women's cell teachers have participated and Fr led the prayers during the inauguration. 20 students have been started stitching training.





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Fabric Painting Class

Women's cell Mar Ivanios College organised one day workshop on Liquid Design on Fabric in association with Fevicryl private Ltd on 21/08/2019. 40 students of our college got trained and started designing their dresses. Ms Rekha was the Trainer





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CANCER AWARENESS PROGRAMME.


Cancer care Research Foundation, Mar Ivanios College Women's cell and RCC Tvm jointly organised a cancer awareness seminar on 14-8-2019 at Mar Ivanios College Auditorium. Principal Dr.Georgee K.I has presided and Dr.Divya S Iyer IAS inaugurated the Seminar. Women's cell convenor Ms.Deepamol Thomas welcomed everyone and Prof. Rajagopalapillai(CCRF chairman) made felicitation. Dr.M.C. Kalavathy (Asst.Prof.RCC, TVM) led the awareness programme. All the lady teachers and entire college girls have participated in the programme.

CCRF | MAR IVANIOS COLLEGE WOMEN'S CELL |
REGIONAL CANCER CENTRE TVM
JOINTLY ORGANIZE

**Cancer
Awareness
Seminar**

INAUGURATION
DR. DIVYA S IYER , IAS
CLASS BY
DR. M.C. KALAVATHY, ASST. PROF, RCC, TVM
VENUE :
MAR IVANIOS COLEGE AUDITORIUM

14th August 2019
@ 11 AM





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SELF DEFENCE awareness class

Mar Ivanios college women's cell arranged a self defence class and demo for girls on 27-8-2019. Gerikhai Karate School and Marshal Arts director Adv Josh Rajan and team have taken a awareness class for 1.5 hrs. 350 girls participated.

Self-defence Training

Under the guidance of Mar Ivanios College women's cell, 30 hr self defence programme has been started for girls. 7 girls started Self Defence Training. Every Tuesday and Thursday have classes



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Saving Schemes Talk

Women's cell of Mar Ivanios College has organised a talk on saving schemes for lady faculty members on 11/10/2019 at 2.30 p.m. Various schemes like SIP, mutual fund, investment plans, tax exemption savings etc was discussed in the 1.5 hrs session. Mr Sanjeev Kumar Gopalakrishnan (Principal financial planner, Progno financial consultancy Private LTD) has led the session



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WOMEN'S CELL
MAR IVANIOS COLLEGE
ORGANISES

TALK ON SAVING SCHEMES

BY

Sanjeev Kumar Gopalakrishnan CFP,
Managing Director & Principal
Financial Planner, Prognosis Financial
Planning Systems Pvt LTD

ON 11/10/19 FRIDAY @2:30PM
VENUE: MAR GREGORIOS HALL



Talk on Health and Hygiene

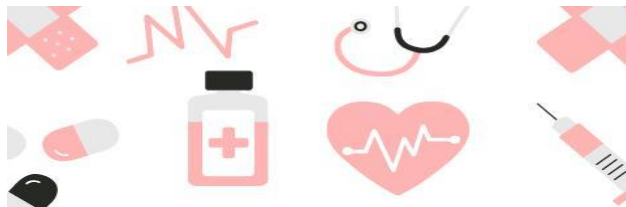


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Women's cell Mar Ivanios College organised a talk and interactive session on Health and Hygiene with Dr Santhamma Mathew, MBBS, MD, DGO, Credence Hospital , Tvm on 14-02-2020. More than 350 girls from our college have benefited from this programme. Women's cell convenor Deepamol Thomas introduced the guest and Susan Kurien thanked her.



Women's Cell Mar Ivanios College
Organises

**a Talk on Health
'n' Hygiene
BY**



Dr. Santhamma Mathew
MBBS, MD, DGO
Credence Hospital, TVM

Date: 14/02/2020, Friday
Time: 1.30 p.m
Venue: College Auditorium





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Self Defence Training Valedictory

7 girls of Mar Ivanios College, have completed 30 hrs self-defence training programme successfully. The programme was started by Women's cell in association with Gerikai Karate School of Martial Arts in 3 months back. The certificate distribution and the keynote address were held by Vice Principal Dr K. Ommachan. IQAC coordinator Dr.Gigimon K Thomas, Women's cell convenor Deepamol Thomas, Gerikhai Karate School director Adv. Josh Rajan and Trainor Devi have felicitated the function.





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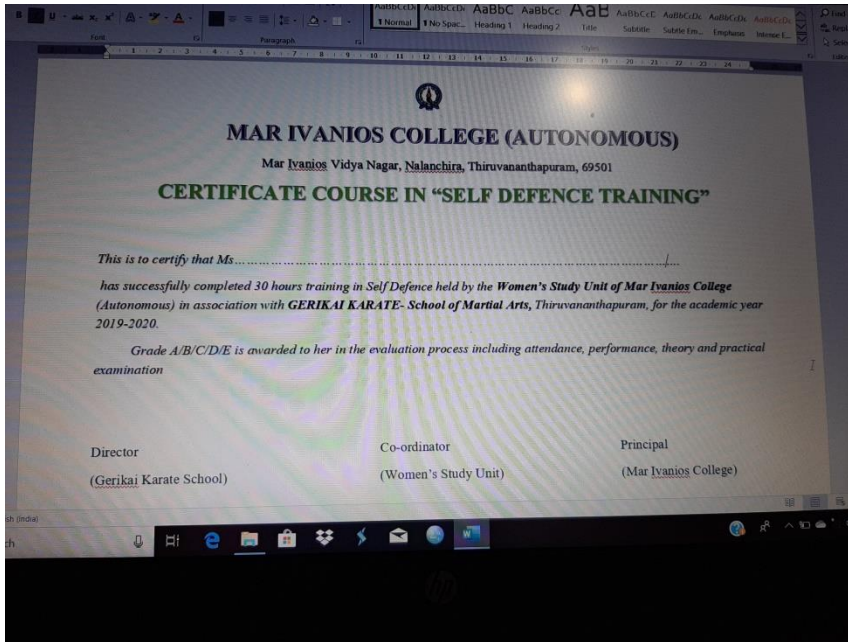


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International Women's day –Walkathon

Women's cell and women's study unit of Mar Ivanios College organised a **walkathon** in regarding International women's day on 5/3/2020 at 10.30 a.m. After the Principal's message, eminent Malayalam poet and essayist Ms RoseMary flagged off the walkathon. 300 girls and women's cell members have participated in the walkathon. Girls have covered 2km long main road and returned at the college. After refreshment MsRoseMary delivered a motivational speech at college auditorium.



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Ms. WALK

Paths Are Made By Walking...

WOMEN'S CELL MAR IVANIOS COLLEGE

organises 'Walkathon' in
connection with
International Women's Day.

Flag Off And Talk
by



ROSE MARY

(Malayalam Essayist and Poet)

Date: 5/3/2020
Time : 10.30 a.m





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Medicine Kit

Women cell (2019-20) Mar Ivanios College, bought medicines of Rs-6000/- for 12 departments. A kit containing sanitizer, dolo, band aid, betadine and vicks was placed in the first aid box in the departments.



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REPORT OF NATURE CLUB (2021-2022)

Nature Club of Mar Ivanios College, conducted a demonstration class on 16-12-2021 at Room no. 106 at 12.40pm. Dr. Rejitha, L.R. Convener of the club welcome the gathering. Teachers from various departments and members of the nature club and students of the Botany department attended the class. The class was taken by Mr. Vincent Andrews (Forest Vibe). He has given a brief powerpoint presentation and discuss about the products and accessories used in terrarium. It was followed by the demonstration of terrarium making. Vote of Thanks was given by Aravind B . The meeting came to an end at 2pm.





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Classes on flower pot making

Classes on flowerpot making was started on 14-12- 2021 to 21- 12-2021 in Media room of Botany department from 2.45pm to 1.20pm. Peer group teaching method was adopted. 55 students of the nature club attended the class. About 20 pots of different types were made by the students of nature club.



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VISIT TO SNEHAVEEDU BY NATURE CLUB MEMBERS

Visit to SNEHAVEEDU - (Home for the destitute and mentally ill persons, Nalanchira. Members of the nature club along with the Convener visited Snehaveedu on 13 January 2022. Due to covid protocol only ten students were allowed to enter



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the campus. As a token of love we have given the **terrarium** , **potted plants** and also some amount of money collected by the members were handed over to the Father in charge of Snehaveedu .





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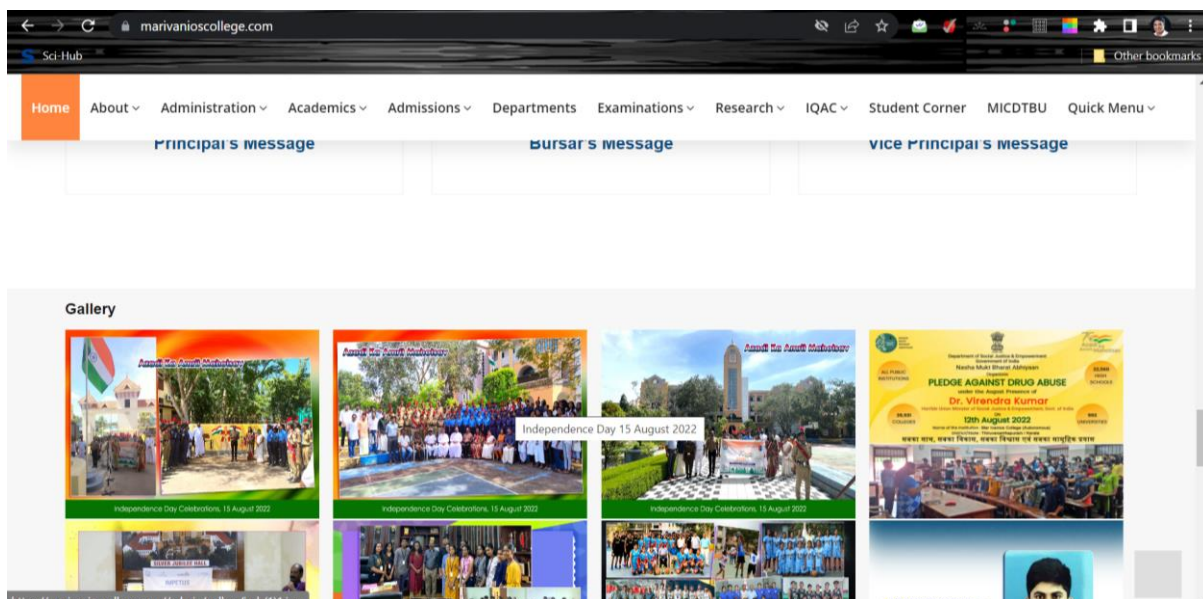
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Report on PLEDGE AGAINST DRUG ABUSE

As part of *Azadi Ka Amrit Mahotsav*, Mar Ivanios College (Autonomous), Nalanchira, Thiruvananthapuram, Kerala conducted 'Pledge Against Drug Abuse' on 12th August 2022 as per the directives of the Department of Social Justice & Empowerment Government of India, *Nasha Mukta Bharat Abhiyaan*. The students were made aware of the significance of the day. The oath was read by the faculty for the students of various courses on campus at 11.30 am. Mar Ivanios college fourth semester B.A/B.Sc students have taken part in the oath-taking. The program was coordinated by Dr. R. Selwin Joseyphus, Assistant Professor of Chemistry & Lahari Virudha/Anti-Narcotic club coordinator, Dr. Suju C. Joseph, Head, Department of Chemistry, and Dr. Rajaleksmy, Assistant Professor of Hindi, Mar Ivanios College.

Screenshot of oath being taken by the students displayed in the Mar Ivanios college website
<https://www.marivanioscollege.com/>



Say Yes to Life, No to Drugs



NASHA
MUKT
BHARAT
ABHIYAAN



सत्यमेव जयते



Department of Social Justice & Empowerment
Government of India

Nasha Mukht Bharat Abhiyaan

Organizes

PLEDGE AGAINST DRUG ABUSE

under the August Presence of

Dr. Virendra Kumar

Hon'ble Union Minister of Social Justice & Empowerment, Govt. of India

ON

12th August 2022

Name of the Institution : Mar Ivanios College (Autonomous)

District/State : Thiruvananthapuram / Kerala

सबका साथ, सबका विकास, सबका विश्वास एवं सबका सामूहिक प्रयास

ALL PUBLIC
INSTITUTIONS

22,560
HIGH
SCHOOLS

39,931
COLLEGES

993
UNIVERSITIES



Photographs of oath being taken by the students, Dr. R. Selwin Joseyphus, Assistant Professor of Chemistry & Lahari Virudha/Anti-Narcotic club coordinator, Dr. Suju C. Joseph, Head, Department of Chemistry, and Dr. Rajaleksmy, Assistant Professor of Hindi, Mar Ivanios College.

***MAR IVANIOS COLLEGE
(AUTONOMOUS)
THIRUVANANTHAPURAM***



DEPARTMENT OF PHYSICS

***ASTROCLUB ANNUAL REPORT
2020 - 21***

Annual Report

To discover how the universe works, explore how it began and evolved and search for life on planets around other stars is quite interesting. The interest of students in Astronomy and astrophysics led to the formation of Astroclub under the leadership of Dr. Suma Bai K C students from UG and PG were included in the club. Betsy Jose from 2nd year PG was selected as the convenor of the club. Rahul A R and Juby John were selected as the student representatives from 2nd and 3rd year UG respectively. As a first step a WhatsApp group has been formed and the members were added.

The club was inaugurated by Dr. Annapurni Subhramaniam, Director IIA Bangalore on 25th July 2020 at 4 PM through google meet. There was also a talk by the resource person on the topic 'Why should we study stars?'. The availability of such an eminent person for the inauguration was a great honor and pleasure for us.

Our club has collaborated with NIT Trichy and Joined their Nakshatra Club. There were a series of talks and participant presentations on every Saturdays and Sundays at 7 PM. A google classroom was also created and the presentations were shared there. They conducted a number of quizzes on the basis of the lectures and it was a great opportunity to analyze our learning levels.

The series of talks of Nakshatra Club started on 5th August 2020 by Mr. Antilen Jacob on the topic 'Introduction to Amateur Astronomy'. A special lecture by Dr. Anand Narayan, IIST Thiruvananthapuram was organized on 8th August 2020. The next session was made by Reshma R A on 15th August 2020. The webinar was in the topic 'Stellar Evolution' and she explained the things in detail.

On 16th August 2020 there was a talk on 'Cosmology' by Dr. R Justin Joseyphus. On August 22nd, 2020 a talk was delivered by Dr. Dinesh K Srivastava, Homi Bhabha Chair Professor IISc, Bangalore on the topic 'Quark Gluon Plasma and elementary particles and its properties'. Kavinaya, a participant made a presentation on the topic 'Meteorites' on 23rd August

Another special lecture was on 29th August 2020. The lecture was delivered by Dr. Anandamayee Tej, IIST Thiruvananthapuram. Most of the students participated in the session and it was really interesting and informative. A talk on the computational Astrophysics was done by Mr. Lebert Sam B on 30th August 2020. There was also a participant presentation. It was done by Rahul A R from 2nd DC Physics on the topic 'Gravitational Waves'.

The last session with the Nakshatra Club was on 5th September 2020. A talk on Telescope operations and design was done by Mr. Antilen Jacob. Although the journey was short, the collaboration with Nakshatra Club was a great experience and the students were advanced with a lot of information's.

After that, under the guidance of Dr. Suma Bai K C the club members started presenting on every Saturdays and Sundays at 7.20 PM. The Students presented on various topics and after their presentations there was an interacting session where everyone shared their own ideas, views, questions etc. A google Classroom was also started where the presentations are shared for further reference

26 students took webinars on several topics. The name of the students and the date of presentation along with the topics are given in the table below.

The club members were also actively participating in various webinars conducted by several colleges and other institutes. The information's regarding these were shared in the WhatsApp group.

As part of World Space Week celebrations, a poster making competition and an essay competition were conducted as online on 7th October 2020. 'Satellites Improve Life' was the topic for both competitions. Several Students were participated. For the poster making competition Rahul A R, Teena Thomas and Ananya Cheriyan won the 1st, 2nd, 3rd respectively. Aadhil Sheik F, Juby John and Sarah Susan Jolly were the winners of the essay competition.

The Department of Physics is offering a certificate course on Astrophysics. The Club members are attending those classes also.

The club members got lot of advantages from the activities which one done as a part of the Astoclub. Students become advanced in various areas. It is planned that in the coming years more interesting activities were to be included and make it more successful.

LIST OF STUDENT ' S PRESENTATION

SERIAL NO	DATE	TOPIC	STUDENT PRESENTOR	CLASS
1	SEPT 12,2020	GRAVITATIONAL WAVES	RAHUL A R	UG-2 ND YEAR
2	SEPT 12,2020	ARCHAEOASTRONOMY	ALEENA KABEER	UG-2 ND YEAR
3	SEPT 13,2020	WHAT IS TIME? IS TIME TRAVEL POSSIBLE?	GOURI GOPAN	UG-3 RD YEAR
4	SEPT 13,2020	WORMHOLES	MADHAVAN SANTHOSH	UG-3 RD YEAR
5	SEPT 19,2020	BLACK HOLE	BETCY BOSE	PG-2 ND YEAR
6	SEPT 19,2020	INTERSTELLAR MEDIUM	KEERTHANA	PG-2 ND YEAR
7	SEPT 20,2020	DARK MATTER AND GRAVITATIONAL LENSING	SARAH SUSAN JOLLY	UG-2 ND YEAR
8	SEPT 20,2020	EXOPLANETS	ANU VARGHESE	UG-2 ND YEAR
9	OCT 10,2020	SUPERMASSIVE BLACKHOLES	TEENA THOMAS	UG-3 RD YEAR
10	OCT 11,2020	ARE WE ALONE? THE SEARCH FOR LIFE IN SPACE	SNEHA SABU	UG-3 RD YEAR
11	OCT 17,2020	SPACE DEBRIS (A TOPIC UNDER WASTE MANAGEMENT)	ADRIJA NAIR	UG-2 ND YEAR
12	OCT 18,2020	MOND (MODIFIED NEWTONIAN DYNAMICS)	PUNNYA	UG-2 ND YEAR
13	NOV 7,2020	WATER ON MARS	SANDRA	PG-2 ND YEAR
14	NOV 8,2020	ROVERS	SUDEESH	PG-2 ND YEAR
15	JAN 2,2021	PRIMORDIAL BLACK HOLES	RAHUL A R	UG-2 ND YEAR
16	JAN 3,2021	LASER INTERFEROMETER SPACE ANTENNA (LISA)	ALEENA KABEER	UG-2 ND YEAR
17	JAN 9,2021	THEORIES ON ORIGIN OF SOLAR SYSTEM	SALCHIM	PG-1 ST YEAR
18	JAN 10,2021	THE COSMIC CALENDAR	ARJUN G M	PG-1 ST YEAR
19	JAN 16,2021	OBSERVATIONAL ASTRONOMY	ANUJITH J S	UG-1 ST YEAR (ML)
20	JAN 17,2021	DARK MATTER	JISHA	UG-1 ST YEAR (ML)
21	JAN 23,2021	STELLAR DYNAMICS	STELLA AN ABRAHAM	UG-1 ST YEAR
22	JAN 24,2021	STARS AND GALAXIES	LISA	UG-1 ST YEAR
23	FEB 6,2021	HIGGS BOSON	ANANYA	UG-2 ND YEAR

24	FEB 7,2021	COSMIC MICROWAVE BACKGROUND RADIATION	PUNNYA	UG-2 ND YEAR
25	Feb 20, 2021	HUMAN COLONISATION IN MARS	AADHIL SHEIK F	UG-3 rd YEAR
26	Feb 21, 2021	SHAPE OF GALAXIES AND MOTHER MILKYWAY GALAXY	SWETHA DAS	UG-3 rd YEAR

COMPETITION HELD AS A PART OF WORLD SPACE WEEK CELEBRATION	
TOPIC: SATELLITES IMPROVE LIFE	
CONDUCTED ON :7 OCT 2020 RESULT ANNOUNCED ON:16 OCT 2020	
EVENT	WINNER
POSTER COMPETITION	1 ST -RAHUL A R 2 ND -TEENA THOMAS 3 RD -ANANYA CHERIYAN
ESSAY COMPETITION	1 ST -AADHIL SHEIK 2 ND -JUBY JOHN 3 RD -SARAH SUSAN JOLLY

***MAR IVANIOS COLLEGE
(AUTONOMOUS)
THIRUVANANTHAPURAM***



DEPARTMENT OF PHYSICS

***ASTROCLUB ANNUAL REPORT
2021- 22***

ANNUAL REPORT

To discover how the universe works, to explore how it began, how it evolved and the search for life on planets around other stars are quite interesting. This keen interest of students in Astronomy and Astrophysics led to the formation of Astro Club under the leadership of Dr Suma Bai K C, Assistant Professor, Department of Physics. Students from second year UG batches were included in the club as part of their extension activities. Anujith J S and Stella An Abraham were selected as the student representatives. As a first step, a WhatsApp group has been formed and all the members were added to that group. The club members actively participated in various webinars conducted by several colleges and other institutions. The information regarding these webinars were shared in the group.

As part of the World Space Week Celebrations 2021, the PG and Research Department of Physics together with the Astro club organised an invited talk on 'Women in space : Challenges and Opportunities' on October 12, 2021. The invited speaker of the day was Dr Valsa B, Deputy Director (Retd.), Systems Reliability Entity, VSSC. Online poster making competition and essay writing competition were conducted on October 10, 2021. 'Women In Space' was the topic for both the competitions. Several Students participated in these competitions. For the poster making competition, Jyotsna D, Anujith J S and Navojen V won the 1st, 2nd, 3rd positions respectively. Pavithra Nair, Anujith J S and Salchim Karakat were the winners of the essay competition.

The Department of Physics is also offering a 'Certificate Course' on Astronomy and Astrophysics. The inauguration of the course was done by Dr Anand Narayanan, Professor, Department of Earth and space Sciences, IIST on

December 1, 2021. There was an inaugural talk on ‘Cosmic Perspective : An Astrophysical View of the Universe by the resource person. The club members have attended these classes also.

As part of the Inauguration of the Physics Association 2021-22, an Invited talk was conducted on December 15, 2021 on the topic ‘Physics of Climate Change’ by Dr S Suresh Babu, Head of ATRF, SPL, VSSC. The Astro-club members participated in this event also.

An Astrophotography and Night Sky Watching session was organised by the Astro club on March 26, 2022. The session was led by Mr Fahd Hasis, Engineer at LPSC, VSSC. Mr SharathPrabhavand Mr Amal Sreejith of AAstro Kerala were also present to assist the the students.

Students gained a lot from the activities of the Astro Club. It is planned that in the coming years, more interesting activities like data analysis workshops, more night sky watching programmes and field visits to important astronomical institutes are to be included to make it more meaningful.

***MAR IVANIOS COLLEGE
(AUTONOMOUS)
THIRUVANANTHAPURAM***



DEPARTMENT OF PHYSICS

***ASTROCLUB ANNUAL REPORT
2022- 23***

ANNUAL REPORT

To discover how the universe works, to explore how it began, how it evolved and the search for life on planets around other stars are quite interesting. This keen interest of students in Astronomy and Astrophysics led to the formation of Astro Club under the leadership of Dr Suma Bai K C, Assistant Professor, Department of Physics. Students from second year UG batches were included in the club as part of their extension activities. Archie D Srikumar and Nikhil J Thomas were selected as the student representatives. As a first step, a WhatsApp group has been formed and all the members were added to that group.

The club members actively participated in various webinars conducted by several colleges and other institutions. The information regarding these webinars were shared in the group. They also participated in various public talks hosted by AASTRO Kerala.

In July 2022, The club hosted an online presentation series by PG students on various Astronomy related topics for both UG and PG students. They were helpful in introducing astrophysics concepts to UG students.

Stella Ann Abraham from 3rd DC Physics conducted a seminar on “Blackholes: The edge of all we know” as a part of AASTRO Kerala Monthly lecture series. She also later took the same for club members.



On National Science Day (28th February 2023), the club members visited University of Kerala’s Observatory. They got to see sunspots and learn the history of the observatory and the research carried out there. They also saw the exhibits and telescopes. It was an engaging experience for the students.



On March 24th , we conducted a short film session on “Timeline of the Universe” and later held a discussion on the beginning and ending of the universe. We got unique insights on the various possibilities.

Students gained a lot from the activities of the Astro Club. It is planned that in the coming years, more interesting activities like data analysis workshops, more night sky watching programmes and field visits to important astronomical institutes are to be included to make it more meaningful.

LIST OF SEMINARS CONDUCTED BY PG STUDENTS

SL NO	DATE	TOPIC	PRESENTER
1	5/7/2022	Stellar Evolution	Athulya Anilkumar
2	9/7/2022	HR Diagram	Anna Rose
3	10/7/2022	Hydrostatic Equilibrium in Stars	Megha Sharma
4	16/7/2022	He Burning	Anu Mary George
5	18/7/2022	Evolution of High Mass Stars	Gautham R
6	25/7/2022	Black Holes	Abhijith Suresh



Kerala State AIDS Control Society

Red Cross Road, Thiruvananthapuram 695035

Phone: 0471-2304882, 2304704, Fax: 2305183

E-mail: keralasacs@gmail.com, www.ksacs.in



Reporting format for Red Ribbon Clubs

Reporting Month : March 2020
Date of Constitution of RRC : 21-08-2019
Name & Address of the Institution : Mar Ivanios College Thiruvananthapuram

Type of College : Govt. Govt. Aided Private

Telephone No. : 0471-2531053

Fax No. :

E-mail ID : info@mic.ac.in

Name of RRC Programme Officer : Soumya M. Raj

Contact No. of RRC Programme Officer : 9526448665

Details of Activities Conducted

1. Awareness Programme

Sl. No.	Type of Activity	Topics Covered	No. of Students Covered			Output / Remarks
			M	F	Total	
1.	International Youth Day Street play	Use of drugs among the students	47	56	103	
2.	International youth Day seminar	Life style diseases	59	81	140	
3.	National Blood Donation Day	Quiz competition	12	8	20	
4	World Aids Day Awareness Class	Refreshment for students after the awareness class	55	55	110	

5	World Aids Day	Painting competition against HIV	27	19	36	
6	National Blood Donation day Awareness class	Importance of blood donation	35	49	79	

2. Voluntary Blood Donation Programme

Total No. of Camps Conducted :

Date of Programme	Venue	No of Students Registered			No of Students Donated Blood		
		M	F	Total	M	F	Total

3. Financial Details

Sl. No.	Activity	Amount Sanctioned	Amount Spent	Balance
1	Awareness Class	1000	1000	0
2	World AIDS Day-2019 <ul style="list-style-type: none"> Quiz Competition Awareness Class Exhibition 	1500	1500	0
3	National Youth Day -2020 <ul style="list-style-type: none"> Awareness Class 	1500	1500	0
TOTAL		4000	4000	0

- Note:- 1. Proper vouchers/documents should be maintained in safe custody and should be produced in case of Inspection/Audit
- 2. Other relevant information, if any may be furnished in an additional sheet

Name & Signature of the Programme Officer

Signature of Institution Head with Seal





MAR IVANIOS COLLEGE (AUTONOMOUS)

Thiruvananthapuram

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(Affiliated to University of Kerala)

NATIONAL SCIENCE DAY 2023

24 February 2023

KERALA ACADEMY OF SCIENCES

Thiruvananthapuram



Sir/Madam,

Science Club of Mar Ivanios College (Autonomous), Thiruvananthapuram in association with Kerala Academy of Sciences (KAS), Thiruvananthapuram celebrates National Science Day on 24th February, 2023. The theme of this year's celebration is *Global Science for Global Wellbeing*. The programme will be inaugurated by Dr. V. P. Joy IAS, the honourable Chief Secretary of the Government of Kerala. The technical session includes talks on the National Science Day theme by eminent scientists. All are cordially invited.

Prof. (Dr.) G. M. Nair
(President, KAS)

Prof. (Dr.) Jijimon K. Thomas
(Principal, Mar Ivanios College)

Venue : Mar Gregorios Hall, Mar Ivanios College

Coordinators

- Mr. Sumesh S. S.
Assistant Professor and Convener of Science Club
Mar Ivanios College
- Dr. K. B. Ramesh Kumar
General Secretary, KAS

Programme Schedule

INAUGURAL SESSION : 9.30 a.m. to 10.15 a.m.

Prayer

Welcome Address : Dr. K. G. Raghu
(Former Chief Scientist, CSIR-NIIST, TVPM)

Presidential Address : Prof. (Dr.) G. M. Nair (President, KAS; Director,
Central Laboratory for Instrumentation and Facilitation (CLIFF),
University of Kerala)

Inauguration : Dr. V. P. Joy IAS
(Chief Secretary of the Government of Kerala)

Principal's Address : Prof. (Dr.) Jijimon K. Thomas
(Principal, Mar Ivanios College)

Keynote Address : Dr. C. Anandharamakrishnan
(Director, CSIR-NIIST, TVPM)

Felicitations : Dr. Shirley Stewart
(Vice Principal, Mar Ivanios College)

: Rev. Fr. Soji Mathew Muruppel
(Bursar, Mar Ivanios College)

Vote of Thanks : Mr. Sumesh S. S.
(Convener of Science Club Mar Ivanios College)

Tea Break

TECHNICAL SESSION : 10.30 a.m. to 12.30 p.m.

Invited Talks

○ **Prof. (Dr.) Oommen V. Oommen**, Former President, KAS

○ **Dr. P. V. Mohanan**, SCTIMST, TVPM

○ **Dr. Sabu Thomas**, RGCB, TVPM

○ **Dr. P. Harinarayanan**, KSCSTE, TVPM

○ **Dr. Narayanan Unni K. N.**, CSIR-NIIST, TVPM

○ **Dr. Joshy Joseph**, CSIR-NIIST, TVPM

○ **Dr. John B Johnson**, RGCB, TVPM

○ **Dr. Suju C. Joseph**, HoD of Chemistry, Mar Ivanios College

Vote of Thanks : Dr. K. B. Ramesh Kumar (General Secretary, KAS)



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UGC College with Potential for Excellence | UGC PARAMARSH Mentor College
(Affiliated to the University of Kerala)

COMMUNITY HEALTH CLUB

Maintenance of health is a vital parameter for the endurance of the human being and also for the construction of a healthy nation. The Community Health Club was implemented to improve the health knowledge, attitudes and practices of our students by promoting, supporting and assisting the basic public healthcare needs. It promotes healthy lifestyles and primary care services. The main responsibility of the Community Health Club is to take the initiative in creating awareness among the people regarding the significant health hazards, the courses of many of the fatal diseases and their preventive measures.

Major activities

2018-2019

- The members of this club prepared reports on “Communicable diseases” and conducted an awareness campaign on "Seasonal outbreaks and preventive measures of communicable diseases.



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- First Aid Training Programme by Mr. Ratheesh G.B.(Senior Scientific Assistant, Medical College, Trivandrum).



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**MIC
COMMUNITY
HEALTH CLUB**

Presents,
**First Aid Training
Programme &
Inauguration of Healthy
Lifestyle Awareness
Campaign...**

Chief guest: Mr. Ratheesh G.B
Senior Scientific Assistant
(Physiology)
Govt Medical College, TVM

**01/03/2K19
11.am @ Silver jubilee hall**





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- Awareness campaign on 'Lifestyle and Cancer.'



- Discussion on the myths and facts in causes and treatment of cancer.
- Discussion on the health effects caused by the exposure of plastic drinking water bottles to sunlight.

2019-2020

- The inauguration of the activities of Community Health Club for the academic year 2019-2020 was held on 29th August, 2019 at 10.00 am. Dr. Lalitha Appukuttan, Head of Department, Naturopathy (NIMS Hospital) was the Chief Guest of the function. Dr. K.I. George, Principal gave the Presidential address and Dr. K. Oommachan, Vice Principal gave the felicitation speech.



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- In connection with the launch of the Fit India Movement on 29/08/2020, Community Health Club organized a lecture on lifestyle diseases by Dr. Lalitha Appukuttan, Head of Department, Naturopathy (NIMS Hospital)



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- A video presentation and memory games on Healthy Life Style by the members of the club.





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- Active discussions on – Academic stress and Mental Health, management of snake bites, obesity etc.
- An AIDS Awareness Programme by Dr. Thomaskutty P G was conducted on 2nd December, 2019, by the Community Health Club in association with Zoology Department of Mar Ivanios College on the occasion of World AIDS Day.
- The Community Health Activity Club of Mar Ivanios College, Thiruvananthapuram conducted an awareness programme on Coronavirus (COVID -19), the global pandemic which is rapidly spreading across the world. The awareness programme was conducted by sharing important information regarding Coronavirus through What's App groups. It was done in order to erase the misconceptions regarding the virus and its transmission.

2021-2022

Maintenance of mental and physical health is an important factor for the well-being of human beings. Community Health Club, as the name says, conveys the idea that it is all related to the overall health of our society. Our society is prone to many health issues. It is mainly because of the lack of awareness and unhealthy lifestyles. The motive of the club is to improve our knowledge on maintaining health and improving the lifestyle by promoting healthy practices. Proper awareness and a good lifestyle can actually save our society from several health issues.



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The inauguration of the activities of Community Health Club for the academic year 2021-2022 was held on 1st December, 2021. Dr. Fawseena Thakbeer (Ayurvedic Physician), was the Chief Guest of the function. An online session was conducted by Dr. Fawseena Thakbeer on the topic 'Make your mind to smile at you'. On January 13th the members made a visit to 'Snehaveedu' to provide mask, sanitizer etc



**MAR IVANIOS COLLEGE (AUTONOMOUS)
NATIONAL SERVICE SCHEME
UNIT NO 2A&2B**



വിമുക്തി

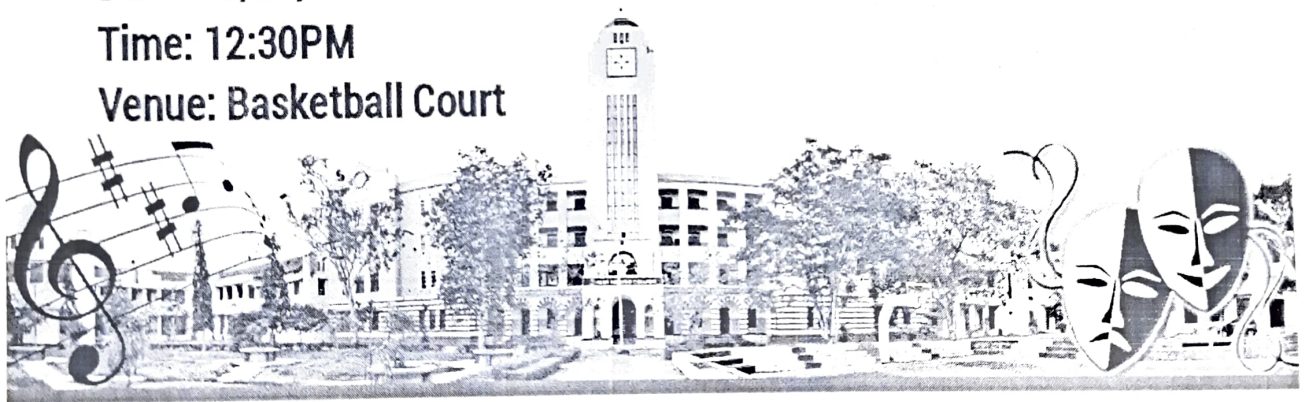
ലഹരി വരലാതെ മിഷൻ
ജീവിതം തന്നെ ലഹരി

**മാർ ഇവാനിയോസ് കോളേജ്
എൻ എസ് എസ് യൂണിറ്റ് 2A&2B യും
ലഹരി വിരുദ്ധ ക്ലബ്ബും സംയുക്തമായി
"വിമുക്തി"-യുടെ ഭാഗമായി
തെരുവ് നാടകവും നാടൻ പാട്ടും
സംഘടിപ്പിക്കുന്നു.**

Date: 06/10/22

Time: 12:30PM

Venue: Basketball Court





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Report on PLEDGE AGAINST DRUG ABUSE

As part of *Azadi Ka Amrit Mahotsav*, Mar Ivanios College (Autonomous), Nalanchira, Thiruvananthapuram, Kerala conducted 'Pledge Against Drug Abuse' on 12th August 2022 as per the directives of the Department of Social Justice & Empowerment Government of India, *Nasha Mukta Bharat Abhiyaan*. The students were made aware of the significance of the day. The oath was read by the faculty for the students of various courses on campus at 11.30 am. Mar Ivanios college fourth semester B.A/B.Sc students have taken part in the oath-taking. The program was coordinated by Dr. R. Selwin Joseyphus, Assistant Professor of Chemistry & Lahari Virudha/Anti-Narcotic club coordinator, Dr. Suju C. Joseph, Head, Department of Chemistry, and Dr. Rajaleksmy, Assistant Professor of Hindi, Mar Ivanios College.

Screenshot of oath being taken by the students displayed in the Mar Ivanios college website
<https://www.marivanioscollege.com/>



Say Yes to Life, No to Drugs



NASHA
MUKT
BHARAT
ABHIYAAN



Department of Social Justice & Empowerment
Government of India

Nasha MukT Bharat Abhiyaan

Organizes

PLEDGE AGAINST DRUG ABUSE

under the August Presence of

Dr. Virendra Kumar

Hon'ble Union Minister of Social Justice & Empowerment, Govt. of India

ON

12th August 2022

Name of the Institution : Mar Ivanios College (Autonomous)

District/State : Thiruvananthapuram / Kerala

सबका साथ, सबका विकास, सबका विश्वास एवं सबका सामूहिक प्रयास



ALL PUBLIC
INSTITUTIONS

22,560

HIGH

SCHOOLS

39,931
COLLEGES

993
UNIVERSITIES



Photographs of oath being taken by the students, Dr. R. Selwin Joseyphus, Assistant Professor of Chemistry & Lahari Virudha/Anti-Narcotic club coordinator, Dr. Suju C. Joseph, Head, Department of Chemistry, and Dr. Rajaleksmy, Assistant Professor of Hindi, Mar Ivanios College.

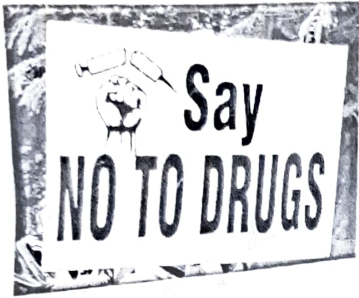


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UGC College with Potential for Excellence | UGC PARAMARSHI Mentor College
(Affiliated to the University of Kerala)

Inauguration of the State level Drug Abuse Awareness Month 2022



6th October @ 09.30 am, Mar Gregorios A/C Hall

Anti-Narcotic Club (Lahari Virudha Club), Centre for Gandhian Studies unit,
NSS Units, NCC-Airwing, NCC-Army, NCC-Navy units & College clubs

Inauguration of the State level Drug Abuse Awareness Month 2022



SAY NO



TO DRUGS

DRUG AWARENESS



October 2022



MAR IVANIOS COLLEGE

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UGC College with Potential for Excellence | UGC PARAMARSH Mentor College
(Affiliated to the University of Kerala)

DEBATE CLUB & QUIZ CLUB 2018-2019

The debate club of the college initiated to conduct the southern region level competition of Intercollegiate Debate level competition organized by Principals council. The competition was held on 29-01-2019. Six teams from various colleges participated for the same. Mr. Harikrishnan R.S & A.R. Aravind Krishna of S N College, Kollam won the first prize. Ms Chandana D.P & Amala Mary Sebastian of St Joseph's College for Women, Alappuzha won the second prize. Mr Gokul.S & Ms Amritha B of Mar Ivanios college (Autonomous) won the third prize.



2019-2020

The Debate club of the college, conducted the block level competition of the prestigious event *Mathrubhumi- Federal Bank -Speak for India -2019* on 21-09-2019. The topic for this year competition is –Uniforms must be made necessary About 115 students from various colleges participated in the competition.



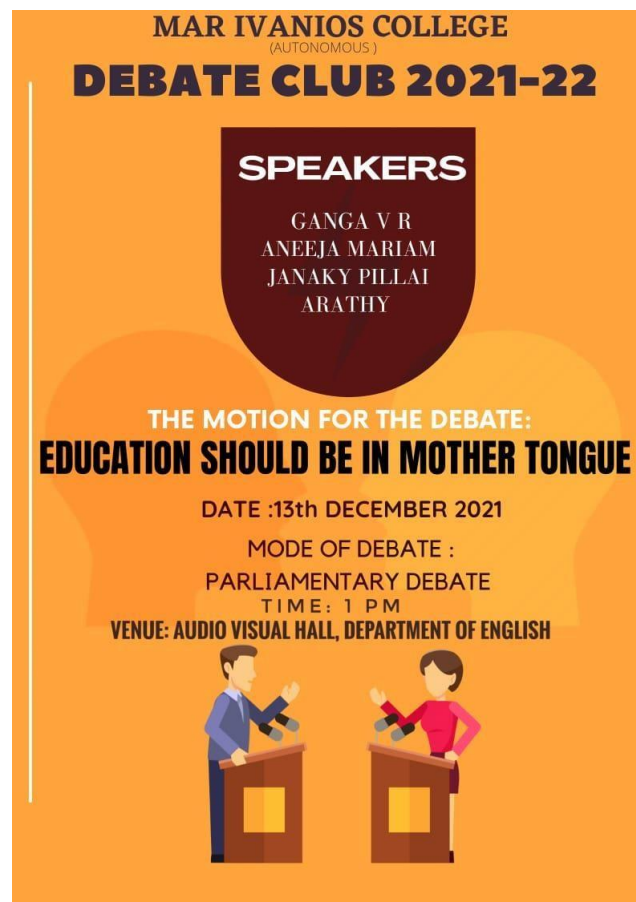
As part of Mathrubhumi International Festival of letters -2019, a Campus literary quiz was conducted in our college on 21-01-2020. Ms. Navitha R.A & Reshma S Satheeshan (S6 English) won the first prize. Mr Naseef E. P (S6 Economics) , Aishwarya Raj (S6 English) won the second prize.



Report of the activities of the Debate Club, Mar Ivanios College (Autonomous), 2021-22

- ❖ The Principal designated the following teachers as faculty members in charge of the Debate Club for the year 2021-22: Dr Rakesh R (Department of English) [Convenor], Dr Divya Johnson (Department of English), and Dr Binimol Mary Mathew (Department of Chemistry).
- ❖ The faculty members in charge of the Club conducted an online screening in order to select a team to represent the college at the *Maria Philip Future Leaders Debate 2021*, organized by the Xavier Institute of Management Education, Kochi, on 17/11/2021. Sreya Suresh and Aparna Prabhakar of Semester 1 BA English were chosen to represent the college. Although they did not win any prizes, the college team performed admirably in the event.
- ❖ The initial meeting of the Debate Club was held at 02:30 PM on 19/11/2021. The faculty members and the students chalked out a plan of action for the Debate Club. Mr. Ashwin and Ms. Ganga were elected as the Student Representatives of the club.
- ❖ A session of the Debate Club was held on 05 December 2021. The students participated in an informal but lively debate in the presidential format debate and the faculty members provided feedback. The students and the faculty discussed future plans and resolved to conduct a debate in the British Parliamentary format on 13th December 2021. The faculty members briefed the members on the intricacies of the parliamentary format. Two teams, consisting of two members each, were formed to speak for and against the motion. It was decided that the other members would participate in the debate by raising point of orders and asking questions.
- ❖ A debate, following the British Parliamentary format, was held on 13 December 2021. The resolution discussed was “Education Should Be in the Mother Tongue”. As per

prior agreement, Ms. Ganga V R and Aneerja Mariam acted as the ‘Government’ and spoke in favor of the resolution, and Ms. Janaky Pillai and Ms. Arathy formed the ‘Opposition’, and spoke against the resolution. All four speakers performed admirably, demonstrating excellent command over language and argumentative skills. The other student members of the Debate Club were allotted positions as members of the two sides and they asked insightful, probing questions. The event was judged by three faculty members of the Department of English: Dr Rakesh R, Ms. Meenu Jose, and Dr Anto Paul. It was deemed that the ‘Government’ won the debate and that the resolution was passed. The judges provided detailed feedback and gave useful tips on the art of persuasion.



Poster of the Parliamentary Model Debate



Glimpses from the Parliamentary Debate

- ❖ The faculty members and the student members of the Debate Club played a key role in preparing the college team for the English and Malayalam Debates at the Kerala University Youth Festival 2021-22. The screening competitions held in the first week of April selected the following teams:
 - Debate (English): K.R. Uthara Raji (Semester 1 BA English) and Priya Rajesh Thomas (Semester 3 BA Analytical Economics)

- Debate (Malayalam): K.R. Uthara Raji and Aparna Prabhakar (Semester1 BA English)

Priya Rajesh Thomas, who represented the college in Debate (English) was a member of the Debate Club. The faculty and students were both of one mind that it is the duty of the club to strive for the college's success in the Debate events at the Youth Festival.

Seven training sessions were held in April wherein the student members and the faculty members of the Debate Club helped the college teams with their practice sessions. The faculty members provided numerous topics for discussion. Both the faculty and the students acted as alert audience and helped the teams by raising constructive suggestions for improvement and reminding them of crucial points that they could raise regarding various topics. Mr Siddarth M. Joy, an alumnus of the college and a renowned Debator, was invited to interact with the team and provide them with tips.

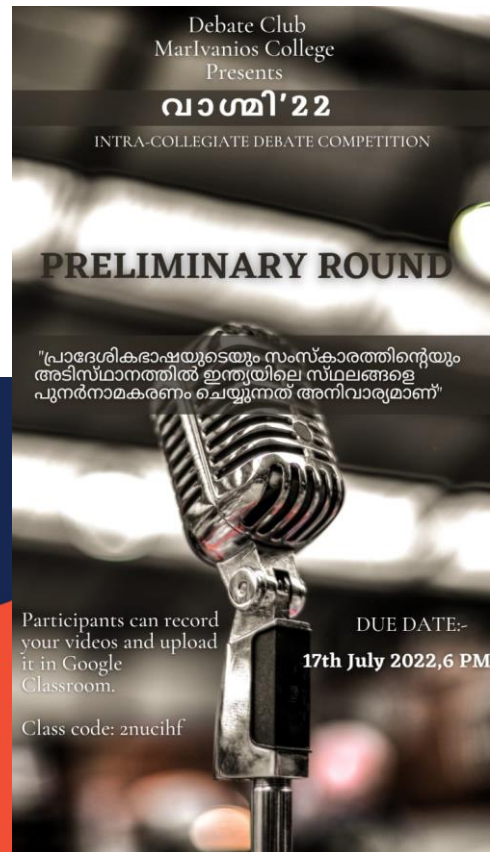
Both the Debate events were fiercely contested. It is a matter of pride that the two college teams held their own against teams comprising of students much senior to them, and ultimately bagged the third position in both the events. It is beyond doubt that the success of these teams are partly a result of the efforts of the Debate Club.

- ❖ A session of the Debate club was held at 3 PM on 27 June 2022 at the Mar Gregorios Hall. The session was devoted to a "Turn Coat Debate" wherein the speaker has to reverse his/her opinion and argue against the position that they were supporting, in response to a tap from the moderators. A total of nine participants participated at the session. The session was moderated by Dr Shirley Stewart (Vice Principal) and Dr Rakesh R (Faculty Convenor, Debate Club).



Glimpses from the Turn Coat Debate....

- ❖ The Debate Club is presently in the process of conducting an intra-collegiate Malayalam Debate competition. The event is titled “Vagmi 22”. The preliminary round has been conducted in the online mode and recorded entries have been submitted via Google Classroom.



Posters of the Malayalam Debate Competition

Judges will identify two teams who will participate in the finals which will be held at Mar Gregorios Auditorium on 21/07/2022.

Report Submitted by



Dr Rakesh R. (Faculty Convenor, Debate Club)

18/07/2022

**Report of the activities of the Debate Club, Mar Ivanios College
(Autonomous), 2022-23**

The Principal designated the following teachers as faculty members in charge of the Debate Club for the year 2022-23: Dr Rakesh R (Department of English) [Convenor], Dr Divya Johnson (Department of English), and Dr Binimol Mary Mathew (Department of Chemistry).

Intra-Collegiate Flip Debate Competition

An intra-collegiate flip debate competition was held on 30 January 2023. Flip Debate follows an innovative format in which speaker will have to argue both sides of the resolution by instantly flipping his position as per the instructions of the judges. Twenty students participated in the competition and more than fifty students attended as audience.





Dr S.R. Sanjeev, HoD, Journalism and Dr Rakesh R, Asst Prof in English served as the judges. Aneena George of Semester 3 Economics secured the first position, and the second and third prizes were secured by Sahadev (Semester 1 Analytical Economics) and Treesa Mariya (Semester 1 Zoology) respectively.

Training for the Kerala University Youth Festival, 2023

The faculty members and student members of the Debate Club played a key role in preparing the college team for the English and Malayalam speaking events at the Kerala University Youth Festival 2022-23. The faculty played a key role in coordinating the screening for these competitions. Ten training sessions were held wherein the participants honed their speaking skills and received feedback on their style and content. As a result of these sessions, the

college fared excellently in the speaking events at the Youth Festival, winning prizes in three events:

- ❖ Elocution (English), First Prize: K.R. Uthara Raji
- ❖ Elocution (Malayalam), First Prize: K.R. Uthara Raji
- ❖ Debate (Malayalam), Second Prize: Aneena George and K.R. Uthara Raji.

The other contributions of the Debate Club include the selection of teams for many inter-collegiate events. The training sessions helped the students win many accolades in such competitions.

Report Submitted by

A photograph of a handwritten signature in blue ink on a white background. The signature is written in a cursive style and appears to read 'Rakesh R.' with a horizontal line underneath the name.

Dr Rakesh R. (Faculty Convenor, Debate Club)

20/07/2023



MAR IVANIOS COLLEGE

ENTREPRENEURSHIP DEVELOPMENT CLUB

REPORT : 2018-2019

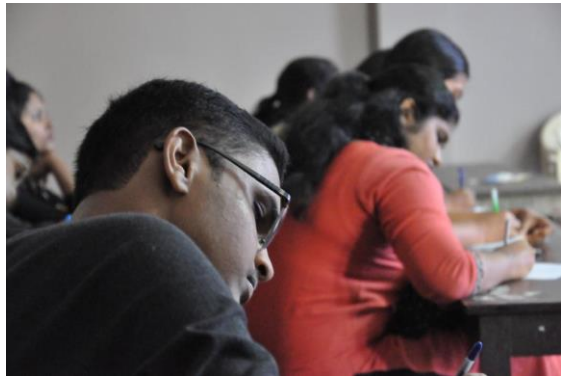
As part of the college extension activities, various clubs have been formed for the second year degree students. Entrepreneurship development club is one among them and is formed to motivate the students towards entrepreneurship and inculcating business skill in them.

The activities of the club for the academic year 2018-19 were started with its first meeting on 4th of October 2018. In this meeting the students were selected to different position, Amala Elizabeth – the president, vice president- Saira Zita Thomas, secretary – Anupama S, photographer- Alan Mathew. The coordinator of this club is Dr. Sarin Thomas from the Department of Commerce. Ms. Mamitha J.S from department of commerce, Dr.Lini.N from department of biotechnology and Mr.Nandu S.S from department of commerce(self financing) are the other members from the Faculty side. Meetings were also conducted on 26 and 28 of November and 12 of December and 17 and 19 of January 2019.



Orientation Programme

The orientation programme as well as the inauguration ceremony of ED club took place on 19th Saturday of January 2019. The programme started by 10 a.m. in the audio visual room of department of commerce. The session started with a silent prayer followed by a group dynamics activity by Dr.Sarin Thomas.

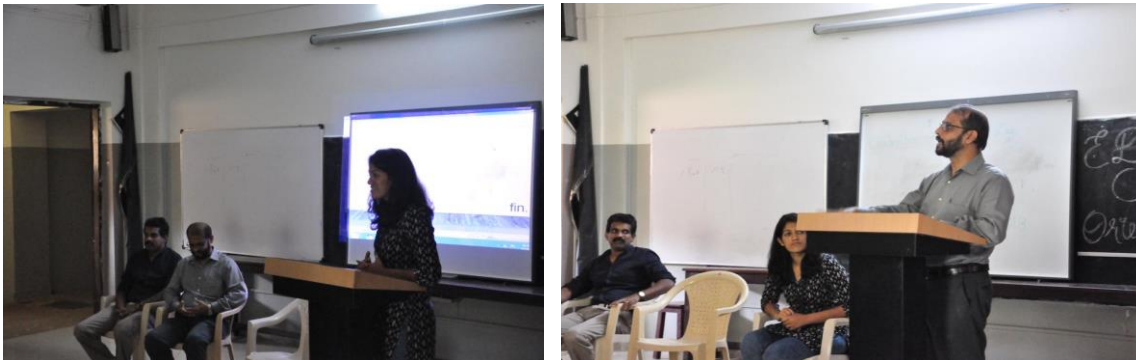


Vivek Nair, one of the ED member, made a presentation on “Entrepreneurship skills. He gave a brief description about the concept of entrepreneurship He also stressed on the need for imparting entrepreneurial skills in students. After the presentation, the students interacted and discussed on the subject and the areas to be focussed in ED club activities. After the presentation of Vivek , Martin Varkey Aajan conducted a business quiz and for the same the were divided into three groups. Two teams were in tie.



The inauguration ceremony was preceded with a presidential address by Amala Elizabeth, the president of the ED. Anupama S, the secretary of the ED club welcomed the

gathering. Dr K.I Georgee, the principal of Mar Ivanios College gave the inaugural address followed by the vote of thanks by Dr.Sarin Thomas, the coordinator of ED club.



After the inaugural ceremony Dr.Sarin Thomas gave a talk on “Innovative and Entrepreneurship Development Cell” IEDC and the following seven students were selected as core members of college level IEDC for the year 2018-2019. The names of the selected students are as follows:

1. MILAN VAEGHESE
2. VIVEK NAIR
3. TWINKLE JACOB
4. ANUPAMA S
5. HARIKRISHNAN R
6. DEVIKA SATHEESH
7. AISHWARYA

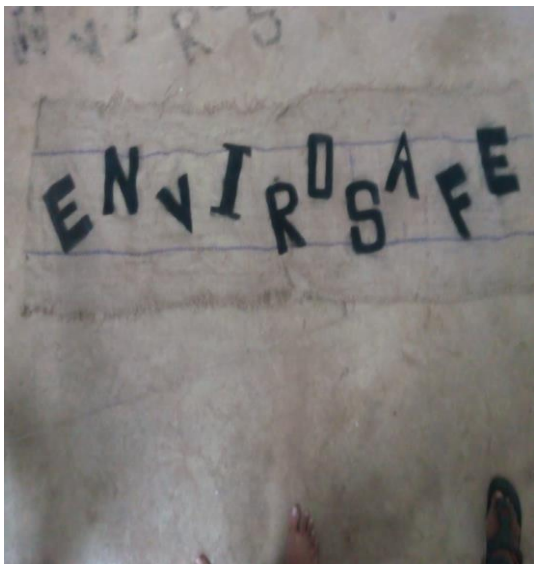
The session was concluded by 12:30 in the afternoon. The club has decided to conduct activities to develop the skills of the members in various areas.

ENVIROSAFE-2019

In collaboration with Department of Botany and Bio-Technology and Environment Club, the club conducted an exhibition of Eco-Friendly products named ‘Envirosafe-2019’ at the college



auditorium on 15th February 2019. The aim behind the programme was to promote the use of eco friendly products in various spheres of life. Attractive rewards were offered as part of the exhibition for the best product and best presenter.



All kinds of eco-friendly products wither innovative or traditional were allowed in the competition ranging from carry bags to cosmetics. From 9.30 am to 1.30 pm the exhibition was conducted and enthusiastic students as well as teachers find out time to see it. More than hundred varieties of eco friendly products were exhibited which make the event a grant success.

Idea Challenge for Innovative Projects

In collaboration with Samrambhak Mithra which is an agency for promoting MSMEs, ED club organised an idea competition for Innovative projects for the south zone which include Thiruvanthapuram, Kollam and Pathanamthitta Districts. The initiative envisages for igniting the entrepreneurial skills and talents of student community. The programme was inaugurated by Sri.Ramesh Chandrarn, General Manager of DIC , Thiruvananthapuram. In the key note address by Dr.Georgee K.I, Principal Mar Ivanios College, various opportunities associated with start-ups and innovative projects were elaborated. After the formal meeting various teams representing different institutions form Southern Kerala made their presentation before the technical panel. It was an enriching experience to all those participated in the discussions and deliberations.



The activities of ED club provided a platform for the member students to develop a sense of passion towards innovative thinking and it was decided to make the club activities through more dynamic real life business experiences. It was pointed out by the members that the activities of the club should be started from the beginning of third semester itself so that more activities can be planned and implemented in an effective manner.

President: Amala Elizabeth

Co-ordinator: Dr.Sarin Thomas

Secretary: Anupama .S

Principal: Dr.George K.I

Date:



MAR IVANIOS COLLEGE

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UGC College with Potential for Excellence | UGC PARAMARSH Mentor College

(Affiliated to the University of Kerala)

Mar Ivanios College (Autonomous), Thiruvananthapuram

Health Education Club

Inauguration of the Health Education Club 2021-'22



The activities of the **Health Education Club 2021-'22** was inaugurated by Dr. RENU THOMAS, Chief Urologist and Kidney Transplant Specialist, KIMS Hospital, Thiruvananthapuram in the meeting presided over by the Principal, Prof. Dr. Jijimon K. Thomas on 10th January 2022. The Vice-Principal, Dr. Shirley Stewart; the Club convener, Dr. Suju C. Joseph and the student coordinators, Ajoy Paul Mani and Smera Saji spoke during the function. The official logo of the club was released during the function.



MAR IVANIOS COLLEGE

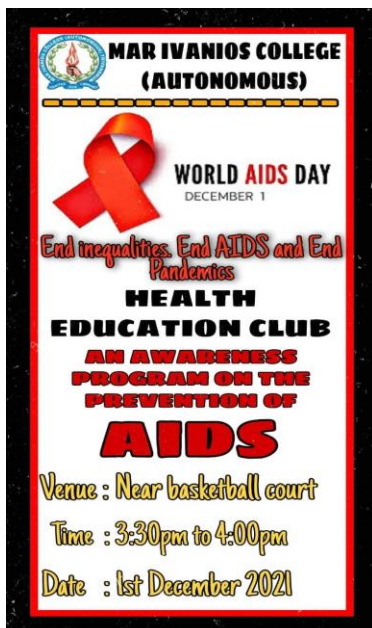
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World AIDS Day (1st December)

The Club organized an awareness programme for the students about the dreaded disease, AIDS on 1st December. Dr. Jithu Krishna, Asst. Professor-on-Contract led the awareness session.





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Re-accredited (Fourth Cycle) with A+ Grade by NAAC | DST-FIST College | NIRF 2023 - 45th Rank
UGC College with Potential for Excellence | UGC PARAMARSH Mentor College
(Affiliated to the University of Kerala)

WORLD HEALTH DAY (7th April)

The World Health Day was celebrated by the Club on 7th April. A virtual meeting of the Club Members was organized. The Convenor, Dr. Suju C. Joseph gave an awareness lecture on the relevance of good Health and Hygiene.





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Innovation and Entrepreneurship Development Centre (IEDC)

Activity Report

The activities of **Innovation and Entrepreneurship Development Centre (IEDC)** of Mar Ivanios College for the Academic Year 2021-22 was inaugurated on 13th of January, 2022 at 2:30 p.m at Mar Gregorios Hall. The event was graced by the presence of the Chief Guest **Mr. Vijaykumar, Cofounder and CEO of InApp Technologies**, and the Keynote Speaker **Mr Vishal B. Kadam, Technical Officer at Kerala Startup Mission (KSUM), Government of Kerala**. The proceedings of the ceremony were as follows-

Inaugural Session 2021-2022

The meeting was started with a prayer by Ms Jency Mariam Yohannan, a third year B. Com student after which Dr Mamitha J. S, Convenor of the ED Club honored the audience with the welcome speech. This was followed by the Presidential Address by our respected Principal Prof (Dr) Jijimon K. Thomas who enabled in the audience the zeal to become the future-faces of the nation. The chief guest, Mr Vijay Kumar, inaugurated the event by lightening the lamp and delivered his Inaugural Address. The attendees were inspired and impressed by the authenticity and relatability of the inaugural address. Then, Mr Vishal B. Kadam briefed about the incubation services provided by the Kerala Startup Mission in his Keynote Address. This provided the audience with so much more clarity as to what can be done with a mere idea so that it is physically manifested. The event was felicitated by Vice Principal, Dr Shirley Stewart.

Shortly after, the Principal did the honours of presenting the Chief Guests with mementos. Following this, Mr. Murali Krishna, a second-year B. Com student who is also a student

Coordinator of the ED Club, proposed the Vote of Thanks. The inaugural ceremony was declared as completed by the host, Ms. Theerdha Sudhir, student Secretary of ED Club. The brochure of the event and some moments during the event has been shared below.



IEDC Summit 2022

IEDC Summit 2022, organized by Kerala Start-up Mission, was the sixth edition of the event, hosted by the Innovation and Entrepreneurship Development Centre (IEDC) of St. Joseph's College of Engineering and Technology, Palai. The event brings together all the student innovators and entrepreneurs under a single roof. The event took place at St. Joseph's College of Engineering and Technology, Palai, Kottayam, on 5th March 2022. Four students from our college, Adarsh MS, Balasurya A, Hans Thomas (S2 BSc Physics ML) and Asif Mohammed (S4 BCom SF) were attended the event.

The inaugural was conducted at the Einstein hall. CEOs of major companies, MLA of Chengannur along with the Bishop of Palai diocese were present on the Diaz. The event set off with Hon. MLA Shri Saji Cherian lighting the lamp and a very inspiring speech was given. Shri. John Thomas, CEO of Kerala Startup Mision, gave an insight into the event and talked about the importance of the same.

As part of the event, over a dozen start-ups and innovative ideas were exhibited at the core of the campus. Most of the start-ups were online institutions helping students to generate skills-

two in them were about 3d printers, coding, etc. A software making academic management online (Lin ways Academic Management System). Some moments captured from the event has been given in the gallery.

Gallery

Inauguration



IEDC Summit 2022



ACTIVITY REPORT OF AUGMENCE IEDC- 2022

1) IMPETUS Date : 6th August

The first programme of Augmence IEDC, Mar Ivanios College titled "Impetus" was held on 6th August at Silver Jubilee Hall. Impetus was a single day event comprising of two orientation sessions. The first orientation session was handled by Dr Arun , Nodal Officer of Catalyst IEDC, Mar Baselious College. His session was based on the topic "Demystifying Innovation". The second orientation session was done by Dr Adarsh , Project Director of IEDC, Kerala Startup Mission. He talked on the possibilities of IEDC's on colleges. Overall, Impetus was extremely useful to the students as it gave a clear idea about IEDC to them and instilled a spirit of innovation and entrepreneurship



2) IEDC STUDENT CAMPAIGNING (Date : October 10)

The Executive Committee members of Augmence IEDC did a campaigning throughout the classes in the campus to give students an idea about the possibilities of IEDC's in helping students to transform their business plans into startups.

3) INNOCEPTION (Date : October 29)

INNOCEPTION was successfully conducted by Augmence IEDC on 29th October, 2022. The programme was effectively handled by Mr Bergin S Russel, Assistant Manager, IEDC, Kerala Startup Mission and Mr Deepak Surendran, CEO & Co-founder , Wheelhouse Infosystems Private Limited. The first session by Mr Bergin gave students a clear idea on IEDC and it's role in helping students to convert their business ideas into startups. In the next session , Mr Deepak shared his personal experience in building up his startup. It was a great inspiration for the students. The programme also included ice breaker sessions which engaged the students in many fun activities. These activities were set outside and they tested the management skill of the participants



4. OPEN Q&A (Date : November 11 , 2022)

The members of Augmence IEDC conducted a Q&A across the college for the publicity of IEDC. The question was " If you are going to start a business , which area would you choose?"

5. IDEA TO PRODUCT (Date : November 19 , 2022)



The session by Prof. Pradeep Raj R was an analytically and mentally joyful one, leaving the participants with more than just some food for thought. Taking the listeners through the course of an idea from just a thought to a complete product, like that of the huge brands we see today, within an hour, was a herculean task, which the session has actually achieved. It started off with the definition of terms related to id IEDC conducted a caption writing competition for Ivanions to invoke their creativity. The main objective of the competition was the publicity of the IEDC. The event helped the IEDC to reach to more students. ation and the various methods for the same, with particular focus on the 'scampering' method. By the end, the participants were made aware of the reasons for a failed product and how to actually ensure your success in this highly competitive environment. Ending with a mini activity that stimulated the participants' decision making abilities, the session ,in a nut shell was a highly engaging, short and sweet one with all the necessary takeaways. It also reminded one

6. IVANO IDEATHON (Date : November 19, 2022)



Ideathon was successfully conducted by Augmence IEDC on 19th November, 2022. This was the first ever Ideathon conducted in the history of Ivanios. The event witnessed a healthy competition. A total of nine participants contested for the title. Ideathon was judged by Mr. Pradeep Raj, Head of Innovation Centre, MCET. The Ideathon proved to be a new experience for Ivanions.

7. CAPTION WRITING COMPETITION (Date : November 28, 2022)

IEDC conducted a caption writing competition for Ivanions to invoke their creativity. The main objective of the competition was the publicity of the IEDC. The event helped the IEDC to reach to more students.

8. INTERACTION SESSION WITH IEDC,UCEK EXE-COM MEMBERS

(Date : December 1, 2022)

The members of IEDC, UCEK visited Mar Ivanios College on 1st December. A wonderful and thoughtful interactive session was carried out. Future plans of both IEDC's were shared in the meetup and scope for a possible collaboration was also discussed.



9. CORPORATE VIDEO (Date : December 13 2022)

As a part of the project : BRAND MY IEDC , the shooting of corporate video was done in the college. The video was later uploaded on the youtube channel of Augmence IEDC.

10. VISIT TO IEDC MBCET (Date : December 12 , 2022)

The Exe-Com members of IEDC along with the winners of IVANO IDEATHON visited Mar Baselious College of Engineering & Technology , Nalanchira. Detailed discussion was held on a collaborative preparation for the regional level IDEATHON.

11. FIGURE IT OUT (Date : January 10 , 2023)



For the first time ever, a hackathon was conducted at Mar Ivanios College. The theme of the Hackathon was "Indian Railways". The participants discussed various problems faced by Indian Railways and came up with innovative solutions.

12. TALKSHOW (Date : January 11 , 2023)

An exclusive talk show was organized by Augmence IEDC for IEDC members of Mar Ivanios College. Dr Abhilash , Nodal Officer of IEDC , Christ Nagar College gave a wonderful presentation on the topic " Startups' Propensity to Foster Entrepreneurship.

13. IEDC MEETUP (Date : January 11 , 2023)

A meetup of IEDC members was organized by the Exe-Com members on 11th January after the session by Dr Abhilash. Discussions on emerging technologies were conducted. The session turned out to be productive.

14. SELL THE PRODUCT (Date : January 11 , 2023)

A marketing competition titled " Sell The Product " was conducted by Augmence IEDC on 11th January. The product to be advertised was given at the spot and the participants were given 5 minutes to present their advertisement. The event witnessed a healthy competition between the participants.

15. IEDC DAY (Date : January 12, 2023)



The first ever IEDC Day was conducted at Ivanios on 12th January, 2023 by Augmence IEDC. Prize distribution was done for various events conducted by IEDC at the college. The event also witnessed several cultural events of IEDC members.

16. IVANO IEDC LEAGUE

To familiarize students with the point distribution system of IPL (Innovators Premier League) by IEDC Kerala , a new initiative called Ivano IEDC League was introduced by Augmence IEDC. Students were assigned points for their participation in various events conducted by IEDC at the college.

19 IEDC MEETUP (Date : February 22 , 2023)

The IEDC MEETUP conducted on 22nd February, 2023 was a renovating one. C. Padmakumar, President of Trivandrum Management Association , was the chief guest of the occasion. Four members of Augmence IEDC presented their ideas and an overall discussion was conducted upon that.

Acknowledgements

The Augmence IEDC of Mar Ivanios College extends its immense gratitude to Kerala Startup Mission for its financial support.

Thank you!

Report Prepared By

Dr. Rajesh S

Nodal Officer, Augmence IEDC, Mar Ivanios College

Media Club 2021-22

First Meeting

The first meeting of the media club members and the coordinators have conducted on 19th Nov 2021 at Media Hall. 63 students and 3 Coordinators are its members. Ms. Deepamol Thomas is the Convenor and Dr.S.R.Sanjeev and Togi Varghese are the take carers of this committee. Ms. Maria Martin and Mr.Jithin Sanker have been selected as President and Secretary of this club.



Tag line writing Competition



Flash Mob

As the curtain-raiser for the media club inauguration, media club students organized a flash mob on 3rd Dec 2021. Most of the students participated in this 30mnts programme



Media Club Inauguration

The media club inauguration was held on 7th Dec 2021 at Silver Jubilee hall. Mathrubhumi News Anchor Ms. Sreeja Shyam has inaugurated club activities. Mar Ivanios College Vice Principal Dr. Shirly Stewart presided over the function. Convenor Deepamol Thomas welcomed the audience and Maria and Jithin have felicitated the program. Various cultural programmes were performed after the inauguration ceremony.



Media Club 2022-23



Spot Photography Contest

**MAR IVANIOS COLLEGE
AUTONOMOUS TRIVANDRUM**

MEDIA CLUB PRESENTS

**SPOT
PHOTOGRAPHY
CONTEST**

*First Prize - ₹1000
Second Prize - ₹500*

*Only Mobile
Photography Is Allowed*

Come To

All are welcome

At 12:30
**on 13th June
(Tuesday)**

For Enquires:
Athul - 7824963858
Gawree - 7907910420

FREE ENTRY



Interaction with Journalist



Film Fest

MAR IVANIOS COLLEGE AUTONOMOUS
TRIVANDRUM

MEDIA CLUB PRESENTS
MOVIE SHOW

Day - 1

Day - 2

Meryl Streep Tom Hanks
The Post

Malayalam Show

SURPRISE

22-06-23
(Thursday)
3:30 PM

23-06-23
(Friday)
2:30 PM

FREE PASS

SILVER JUBILEE HALL

The poster features a background of red theater seats. On the left, a movie poster for 'The Post' shows Meryl Streep and Tom Hanks. On the right, a red gift box with a white ribbon is labeled 'SURPRISE' and 'Malayalam Show'. A yellow 'FREE PASS' sticker is placed between the two showtimes.