



# MAR IVANIOS COLLEGE

**Autonomous | Committed to Excellence in Higher Education since 1949**

Re-accredited (Fourth Cycle) with A+ Grade by NAAC | DST-FIST College | NIRF 2023 - 45<sup>th</sup> Rank  
 UGC College with Potential for Excellence | UGC PARAMARSH Mentor College  
 (Affiliated to the University of Kerala)

## Sensitization of Students and Employees on Constitutional Obligations

SI.NO	NAME OF THE ACTIVITY	ORGANIZING COMMITTEE	YEAR OF ACTIVITY
1	Planting saplings on world Environment day	1 Kerala Air Squadron NCC	2023-24
2	Veli beach cleaning	We Grow Forest Foundation	2022-23
3	Blood Donation camp	General Hospital, (Trivandrum)	2022-23
4	Awareness of healthcare in adolescent and young girls 27-01-2023	Women Cell	2022-23
5	Self defence Workshop for girls as the part of International Womens Day	Women Cell	2022-23
6	Olympic Day Marathon	1 Kerala Air Squadron NCC	2022-23
7	Puneet Sagar Abhiyan	1 Kerala Air Squadron NCC	2022-23
8	Thal Sainik Camp (New Delh)	NCC Army Wing	2022-23
9	Republic Day Parade at New Delhi	NCC Army Wing	2022-23
10	Republic Day	NCC Army Wing	2022-23
11	Mountaineering Camp	NCC Army Wing	2022-23
12	Army Attachment Camp	NCC Army Wing	2022-23
13	Special NIC	NCC Army Wing	2022-23
14	National Integeration Camp	NCC Army Wing	2022-23
15	International Yoga Day	NCC Army Wing	2022-23
16	Independence Day rally	NCC Army Wing	2022-23
17	Defence Quiz	NCC Army Wing	2022-23
18	Online Quiz competetition in obervance of Environmental Day	NCC Army Wing	2022-23
19	Anti Drug Drive	NCC Army Wing	2022-23

20	Campus Cleanliness Drive	NCC Army Wing	2022-23
21	Hand to the needy Programme	NCC Army Wing	2022-23
22	Two-day Seminar on Biodiversity, Environment and Development: Linkages through communication	Department of Journalism and Mass Communication in association with the Kerala State Biodiversity Board	2022-23
23	Seminar on 'Only One Earth- Let's live Sustainably in Harmony with Nature'	Department of Botany	2022-23
24	@ 35' held as part of World Ozone Day (K G Ajith Kumar, District Coordinator, Smart Energy Programs, Energy Management Centre gave	IQAC	2022-23
25	Decoupage workshop	Women Cell	2022-23
26	Seminar 'A Journey Through the Tribal Diversity of Nagaland (Fr. Dr Francis Cheerangal, Principal, St Xavier College Jalukie, Nagaland and Ms Samlamgwangle, Librarian, St Xavier College Jalukie,	IQAC	2022-23
27	Madhuravanam (മധുരവനം) initiating planting of fruit trees on campus (A. N Shamseer Honorable Speaker of the Kerala Legislative Assembly inaugurated the session)	IQAC	2022-23
28	Drug Abuse Awareness Rally	NSS Unit MIC	2022-23
29	Seven days NSS annual camp: 'Bodhini'	NSS Unit MIC	2022-23
30	Blood Donation Campaign	Airwing Cadets, MIC	2022-23
32	NCC Day	NCC Army Wing	2022-23
33	Army Day	NCC Army Wing	2022-23
34	Republic Day	NCC Army Wing	2022-23
35	Cleaning drive	1K Naval, Mar Ivanios College	2021-22
36	Donated 2-wheel chairs and a trolley bed to the care home	1K Naval, Mar Ivanios College	2021-22
37	Cultural Programmes for the inmates in the old age homes	1K Naval, Mar Ivanios College	2021-22
38	Plastic free Oceans	1K Naval Ncc Unit, Akkulam	2021-22

39	Inaguration of womens Cell	Women Cell	2021-22
40	Online class on Gender Sensitization Kanal	Women Cell	2021-22
41	Webinar on Menstrual care awareness - My Period My Pride	Women Cell	2021-22
42	Malayalimanga Competition	Women Cell	2021-22
43	Payasamela- As part of Onam Celebration	Women Cell	2021-22
44	Curtain- raiser Event	Women Cell	2021-22
45	Kerala Piravi	Women Cell	2021-22
46	Decopouge Workshop	Women Cell	2021-22
47	Arteria	Women Cell	2021-22
48	Ivano Women Cell Inagural Ceret	Women Cell	2021-22
49	International Yoga Day	1 Kerala Air Squadron NCC	2021-22
50	Meet Your Mentors	NCC Army Wing	2021-22
51	Independence Day	NCC Army Wing	2021-22
52	Fit India Freedom Run 2.0	NCC Army Wing	2021-22
53	Social Service Activities in Observance of Gandhi Jayanthi	NCC Army Wing	2021-22
54	COVID Related Activities	NCC Army Wing	2021-22
55	Swatch Bharat Abhiyan	NCC Army Wing	2021-22
56	Awareness programme against co	Corporation	2020-21
57	Jewellery Making Workshop	Women Cell	2020-21
58	VAAKPORU' Interdepartmental Book review competition	Chemistry Association	2021-22
59	'COVID SUPERHEROES' Intercollegiate Promo video	Chemistry Association	2021-22
60	'Aksharam 2K21' Reading Day Celebrations	Department of Zoology	2021-22
61	International webinar on 'Wetlands: Supporting Life, Sustaining Livelihoods'	Department of Zoology in association with Oklahoma Medical Research Foundation, supported by DBT-STAR college scheme	2021-22
62	'EcoElixir 2021' World Environment Day Programme	Department of Zoology	2021-22
63	'Women in Space; Challenges and Opportunities'	Astro Club	2021-22

64	Seminar on Human Rights (Prof. G Mohan Gopal Former Vice Chancellor National Law University was the Keynote speaker)	IQAC	2021-22
65	inter college poster designing competition on 'Anti-tobacco	NSS Unit MIC	2021-22
66	Photography contest in connection with the World	NSS Unit MIC	2021-22
67	'Write a letter to your father' Programme on International	NSS Unit MIC	2021-22
68	'Mental health awareness programmes' including Yoga and Meditation sessions	NSS Unit MIC	2021-22
69	Christmas Fest	Women Cell	2020-21
70	International Yoga Day	NCC Army Wing	2020-21
71	Independence Day Celebrations in college	NCC Army Wing	2020-21
72	Republic Day	NCC Army Wing	2020-21
73	Cleaning drive	1K Naval Unit, Mar Ivanios	2019-20
74	Beach Cleaning	1 K Naval, Akkulam	2019-20
75	Cleaning of Vellayani River	Swasthy Foundation	2019-20
76	Women Cell Inaguration	Women Cell	2019-20
77	Stitching Class	Women Cell	2019-20
78	Fabric Painting class	Women Cell	2019-20
79	Cancer Awareness Programme	Women Cell	2019-20
80	Self Defence Awareness Class	Women Cell	2019-20
81	Self Defence Training	Women Cell	2019-20
82	Savings Scheme Talk	Women Cell	2019-20
83	Self Defence Traning Valedictory	Women Cell	2019-20
84	International Womens day Walkathon	Women Cell	2019-20
85	Medicine kit	Women Cell	2019-20
86	Reading Week Celebration	MIC Library	2019-20
87	Housing project for the poor	NSS Unit MIC	2019-20
88	Noon Meal Programmee at General Hospital, Trivandrum	NSS Unit MIC	2019-20
89	Saanjh	Shreshtha Bharat club	2019-20

90	regional language class on Devanagiri	Shreshtha Bharat club	2019-20
91	Corona Awareness Programme	NSS Unit MIC	2019-20
92	Programme of Culture and Heritage of Himachal Pradesh	Shreshtha Bharat club	2019-20
93	National Level camps	NCC Army Wing	2019-20
94	International Yoga Day	NCC Army Wing	2019-20
95	Pollution Awareness Drive	NCC Army Wing	2019-20
96	Independence Day Celebrations in college	NCC Army Wing	2019-20
97	Blood Donation Camp in association with Composite Hospital, CRPF Pallipuram	NCC Army Wing	2019-20
98	Trivandrum Group's NCC Day Parade	NCC Army Wing	2019-20
99	NCC Day Rally	NCC Army Wing	2019-20
100	Cleanliness Drive	NCC Army Wing	2019-20
101	Republic Day Parade at New Delhi	NCC Army Wing	2019-20
102	State Republic Day Parade	NCC Army Wing	2019-20
103	Republic Day Celebrations of the College	NCC Army Wing	2019-20
104	State Republic Day Parade (Trivandrum)	NCC Army Wing	2018-19
105	Pre RDC	NCC Army Wing	2018-19
106	Advanced Leadership Camp	NCC Army Wing	2018-19
107	National Integeration Camp	NCC Army Wing	2018-19
108	Army Attachment Camp	NCC Army Wing	2018-19
109	Swatch Bharat Abhiyan	NCC Army Wing	2018-19
110	International Yoga Day	NCC Army Wing	2018-19
111	Independence Day	NCC Army Wing	2018-19
112	Surgical Day	NCC Army Wing	2018-19
113	Indian Army Day	NCC Army Wing	2018-19
114	Republic Day	NCC Army Wing	2018-19
115	Meet Your Mentors	NCC Army Wing	2018-19
116	Advanced Leadership Camp	NCC Army Wing	2018-19